



UPDATES TO OVERDOSE DEATHS IN WASHINGTON STATE



RECENT UPDATES WITH PRELIMINARY 2024 DATA (DATA AS OF MARCH. 16, 2026)

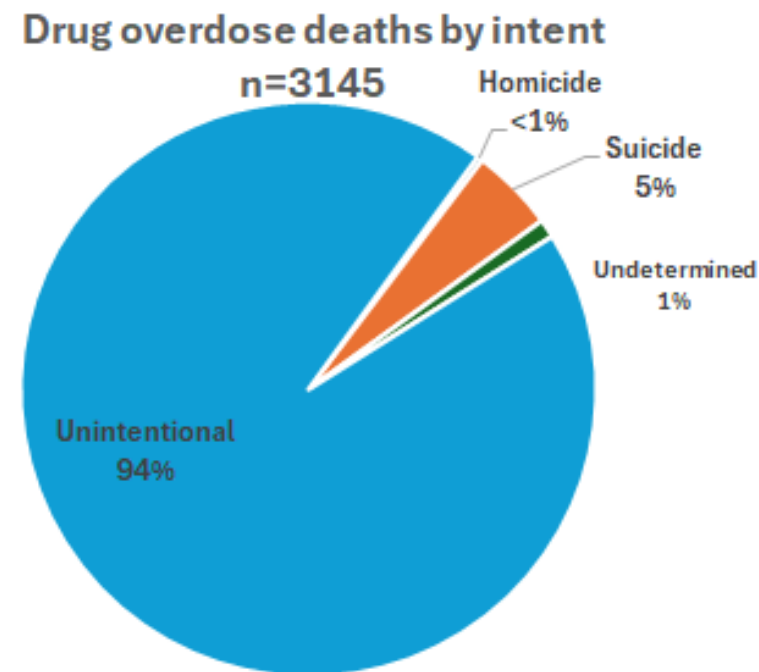
Injury and Violence Prevention/Surveillance and Evaluation, WA DOH
March 2026



OVERDOSE DEATHS

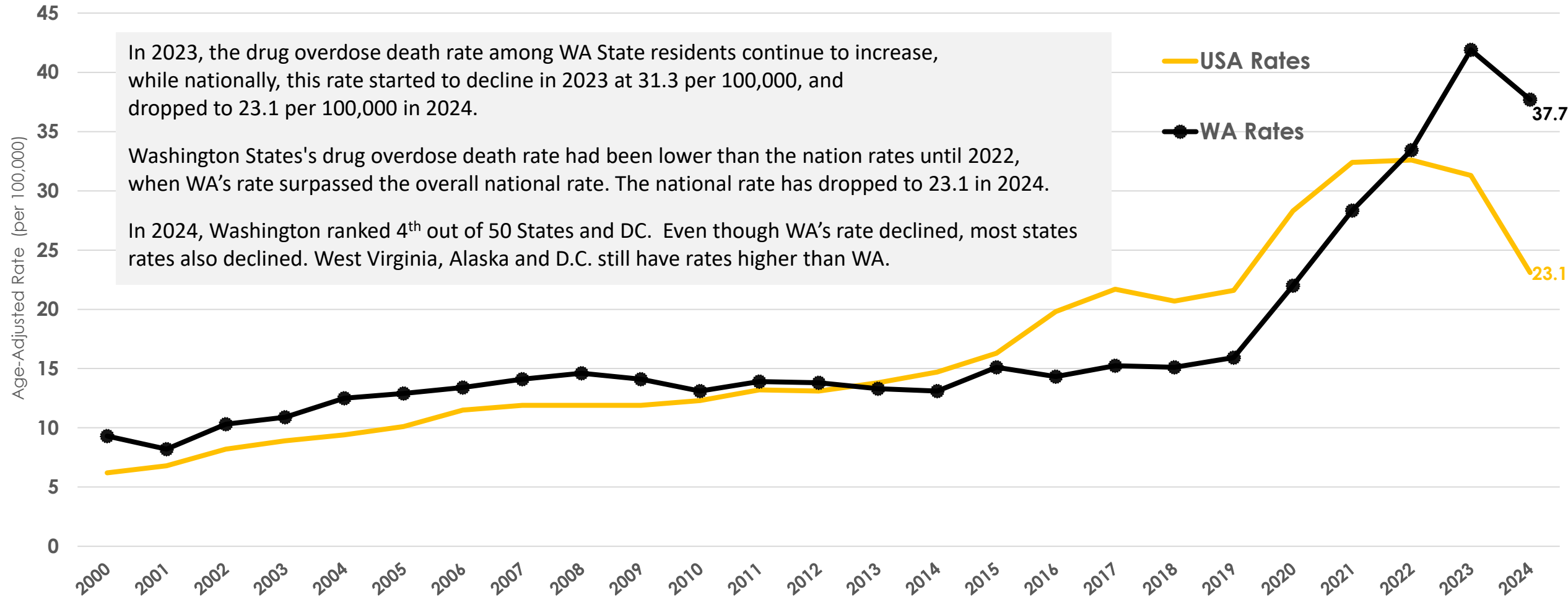
Drug Overdose Deaths

- The overdose death data are from Washington DOH Death Certificates.
- The definition of drug overdose is based on ICD-10.
- **“Any drug”** overdose is defined by the following ICD-10 codes as underlying causes of death:
 - **X40-X44:** Accidental poisoning by drugs
 - **X60-X64:** Intentional self-poisoning by drugs
 - **X85:** Assault by drug poisoning
 - **Y10-Y14:** Drug poisoning of undetermined intent
- Once a case is a drug overdose as defined above, specific drugs can be defined from the multiple causes of death, allowing multiple choices in case of polysubstance.
- Recently the state population estimates have been updated, this has led to changes in the rates. Additional updates to the population are expected, this may result in more changes to the rates.

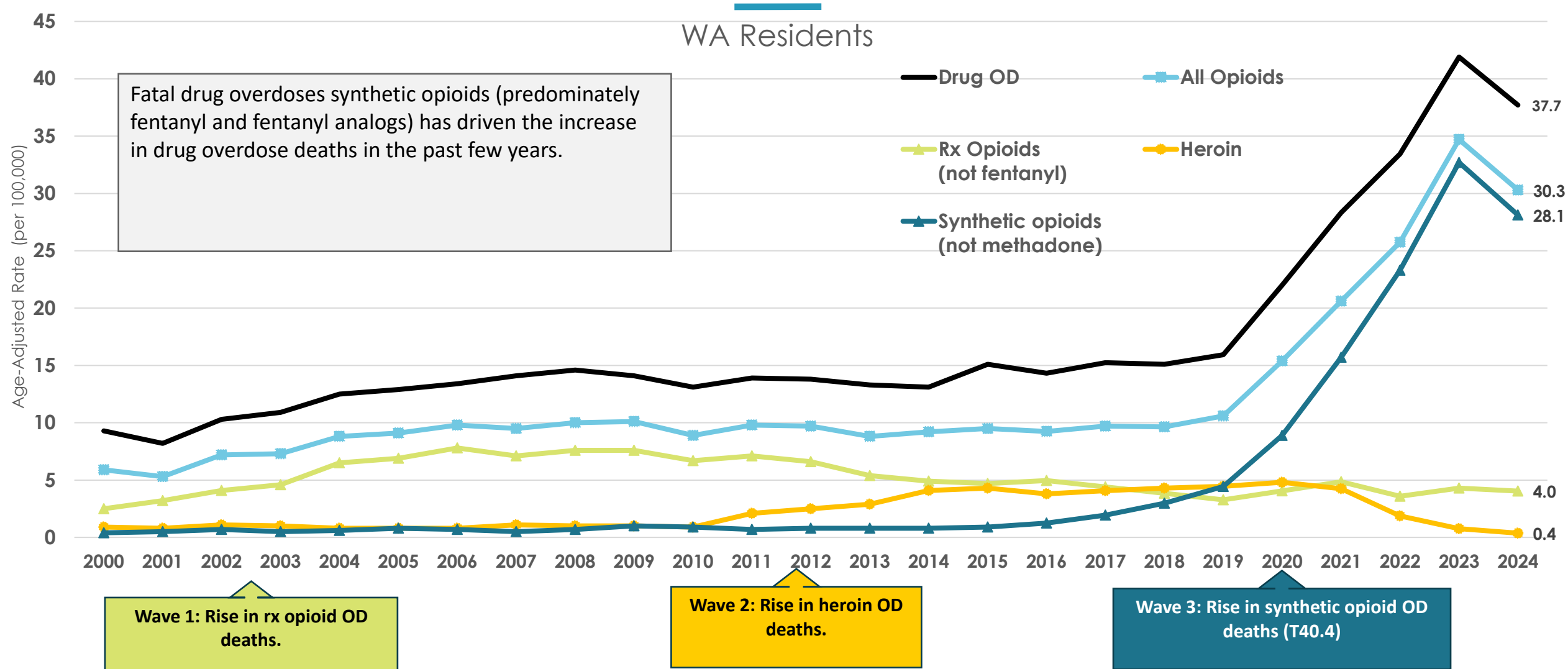


Overall Drug Overdose Death Rate, USA and WA (2000-2024)

WA Residents and USA Overall

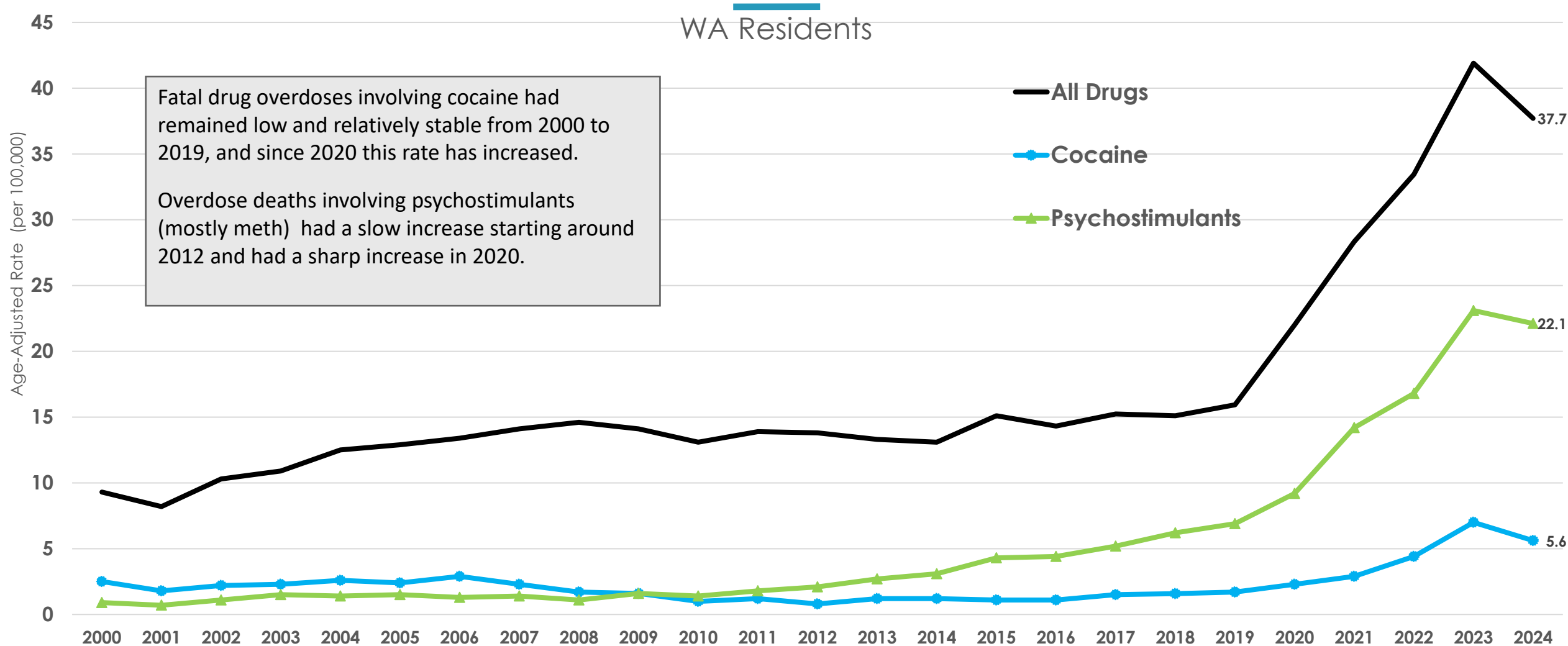


Opioid Overdose Death Rates among WA State Residents (2000-2024)



Rx opioids: Natural and Semi-synthetic opioids (T40.2) and Methadone (T40.3)

Stimulant drug overdose death rate, (2000-2024)

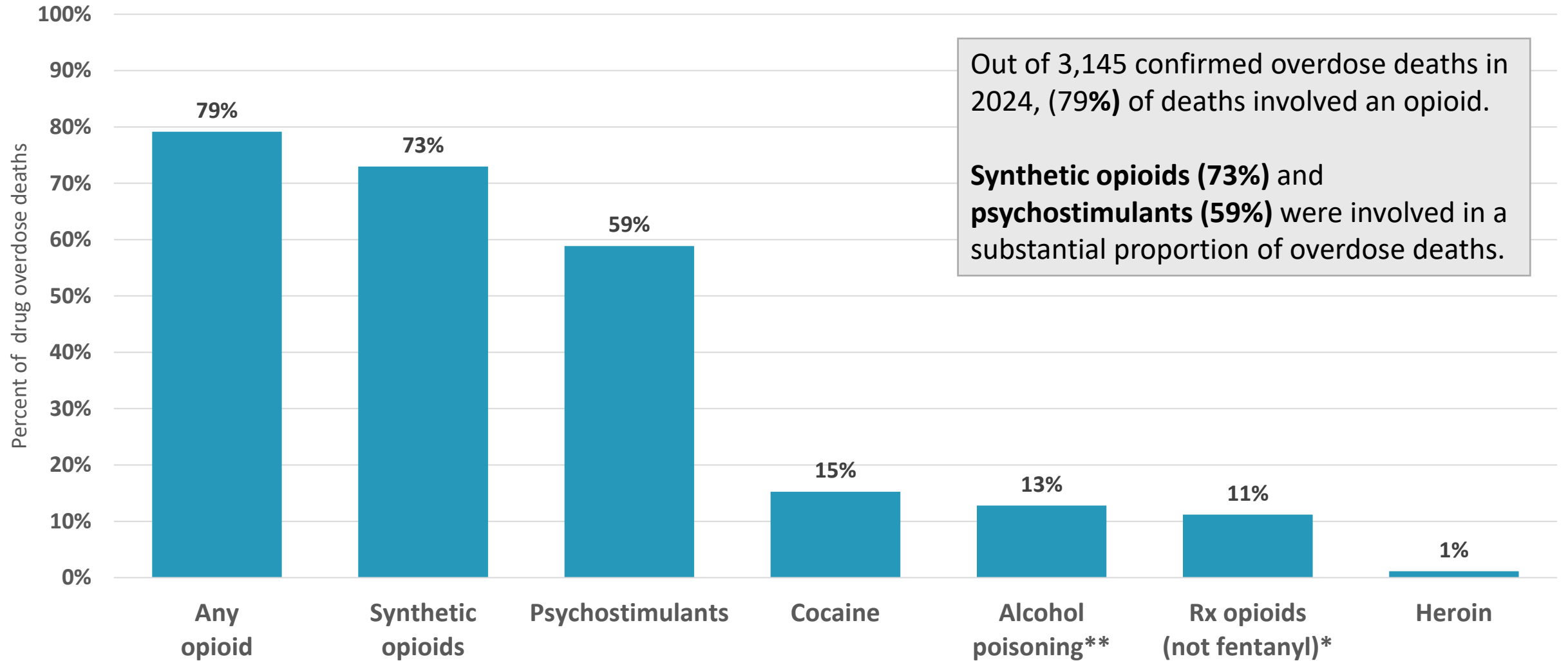


Confirmed Overdose Deaths among Washington Residents

Drug Type	2019	2020	2021	2022	2023	2024	2025*
Any Drug	1259	1731	2264	2703	3459	3145	2794
Any Opioid	827	1194	1619	2048	2819	2489	2200
Heroin	347	384	344	154	67	36	23
Synthetic Opioids	337	672	1214	1850	2642	2295	2024
Rx Opioid (not Fentanyl)**	267	328	402	303	374	352	310
Psychostimulants	540	728	1142	1363	1908	1851	1675
Cocaine	132	187	232	361	594	480	468

*2025 data are preliminary and will change
Data as of 16March2026.

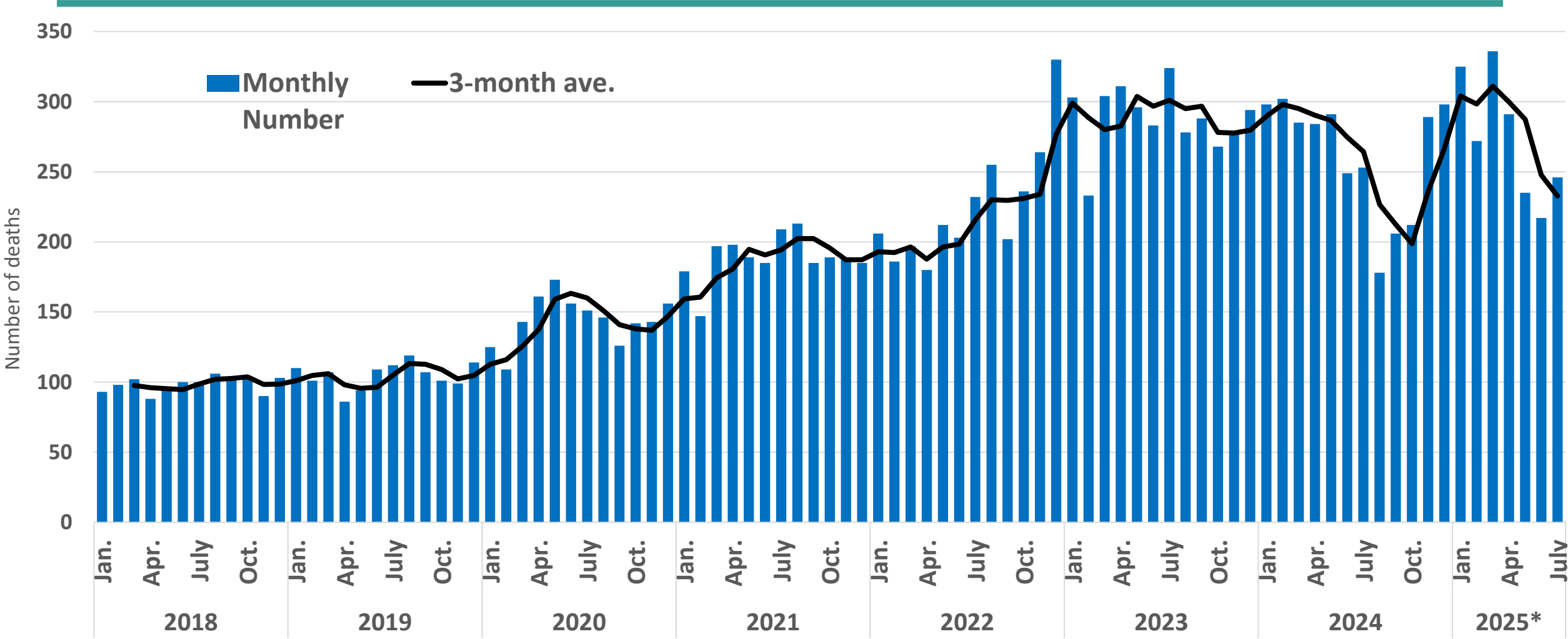
Proportion of Drug Types Involved in Overdose Deaths (2024)



* Rx Opioid: T40.2 and T40.3

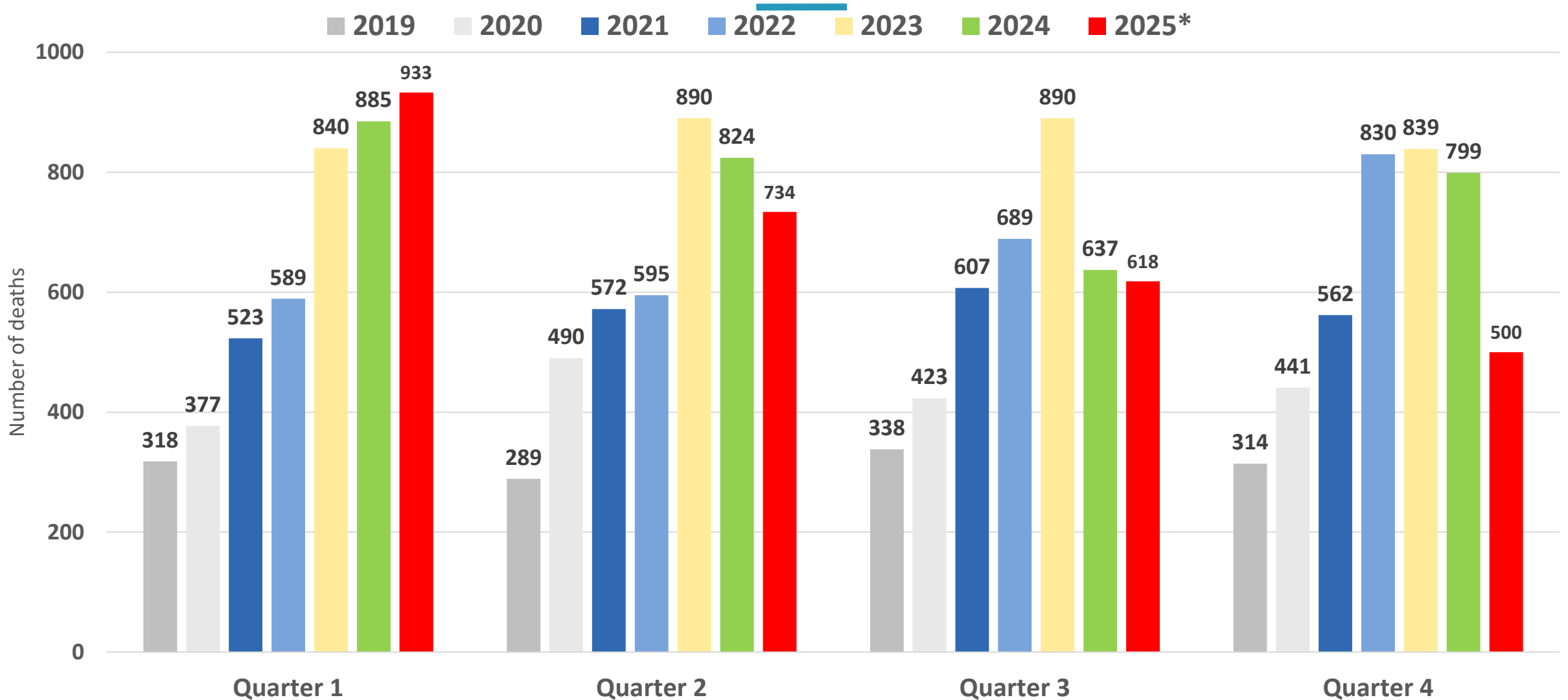
** Alcohol poisoning: X45, X65, Y15

Number of Overdose Deaths by Month and 3-Month Average Among Washington Residents (2019-2025*)

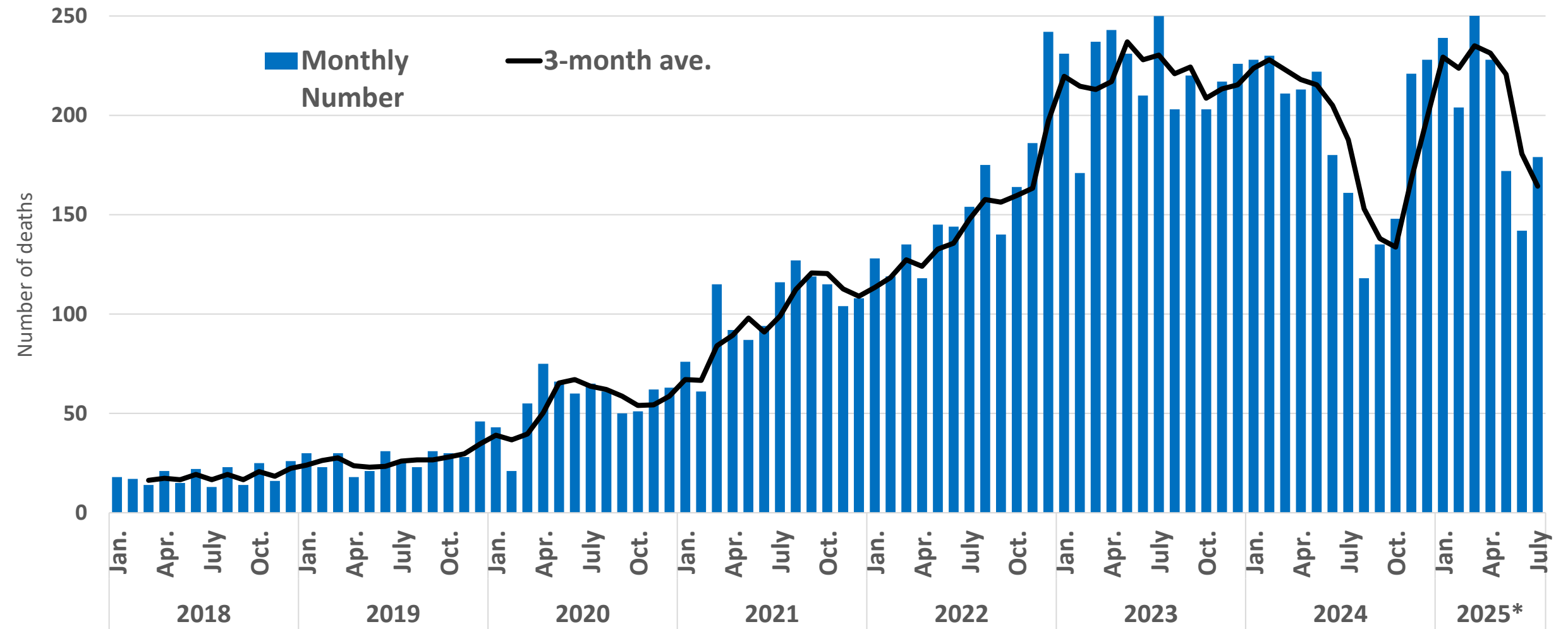


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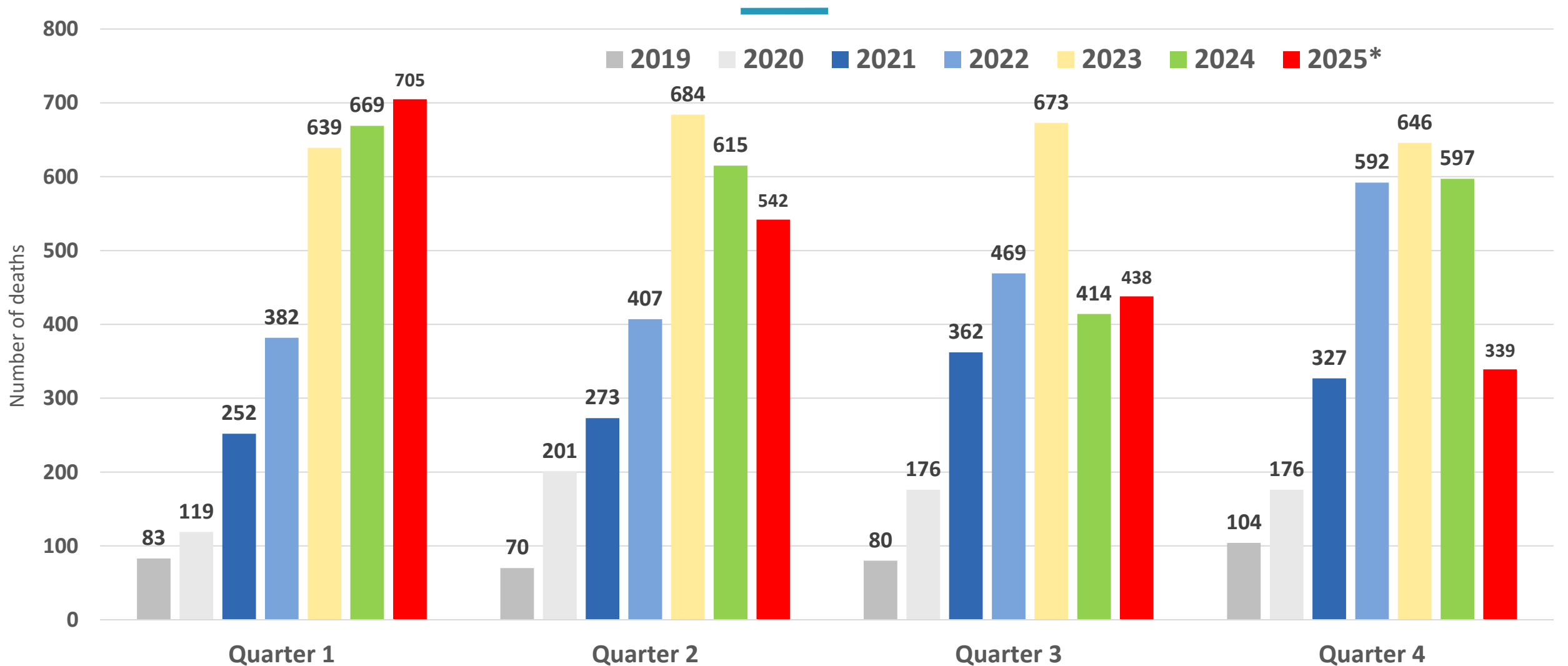
Number of Overdose Deaths by Quarter among Washington Residents



Number of Overdose Deaths Involving a Synthetic Opioid by Month and 3-Month Average among Washington Residents (2019-2025*)

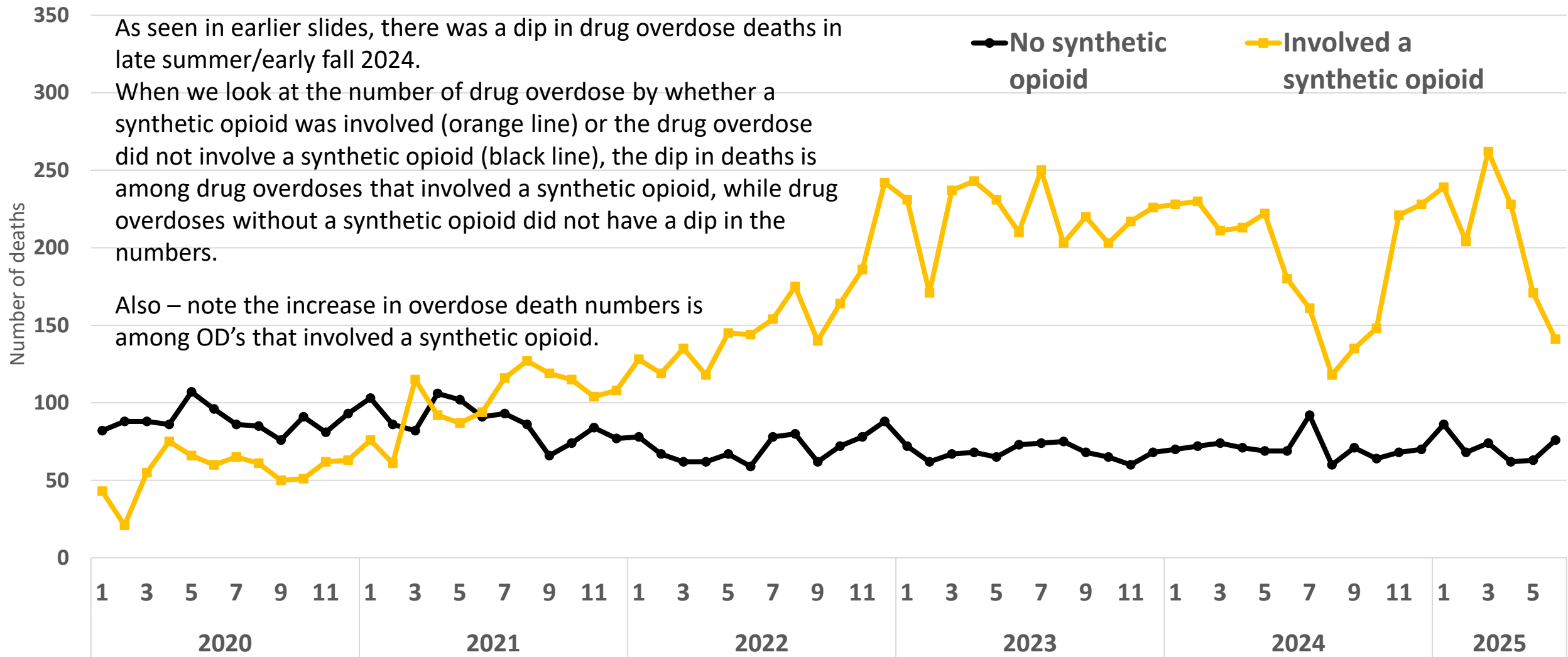


Number of Overdose Deaths Involving Synthetic Opioids by Quarter among Washington Residents



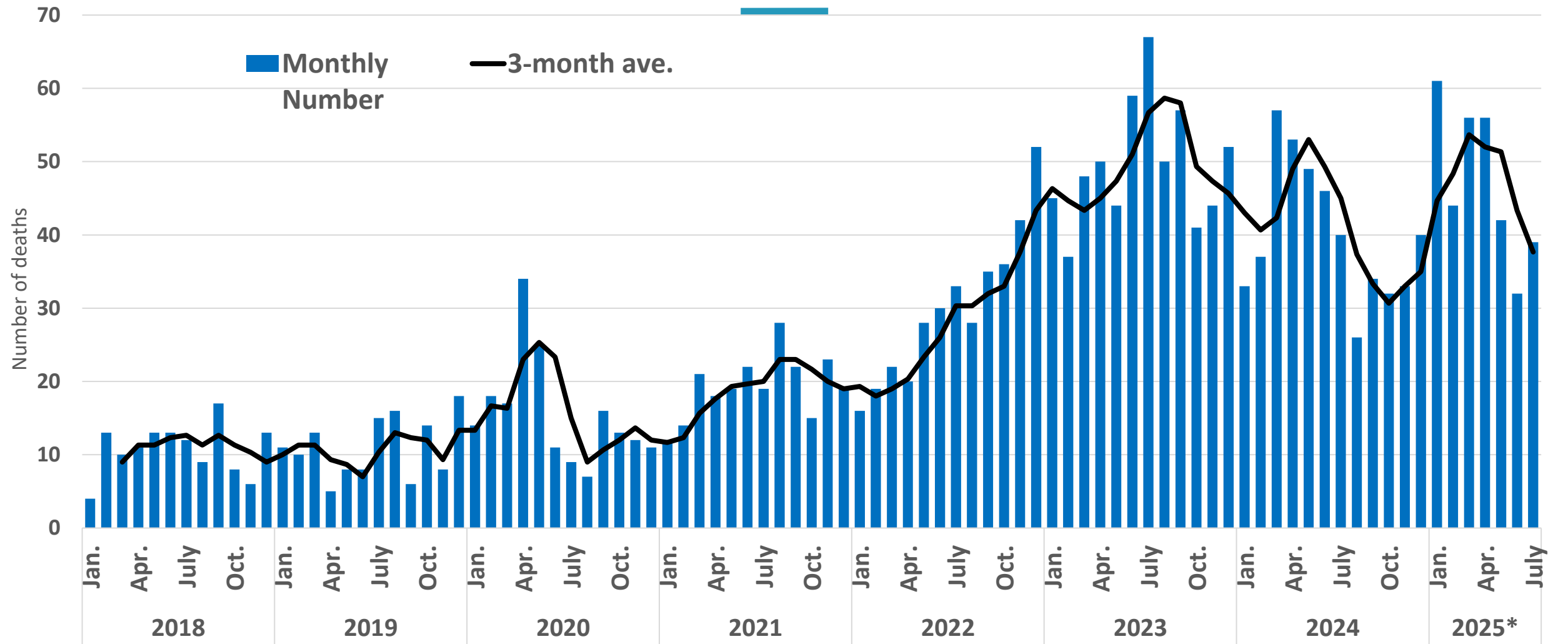
*2025 data are preliminary and will change.

Note: Number of Drug overdose Deaths by Month stratified by Synthetic opioid involved or not among Washington Residents (2020-2025*)



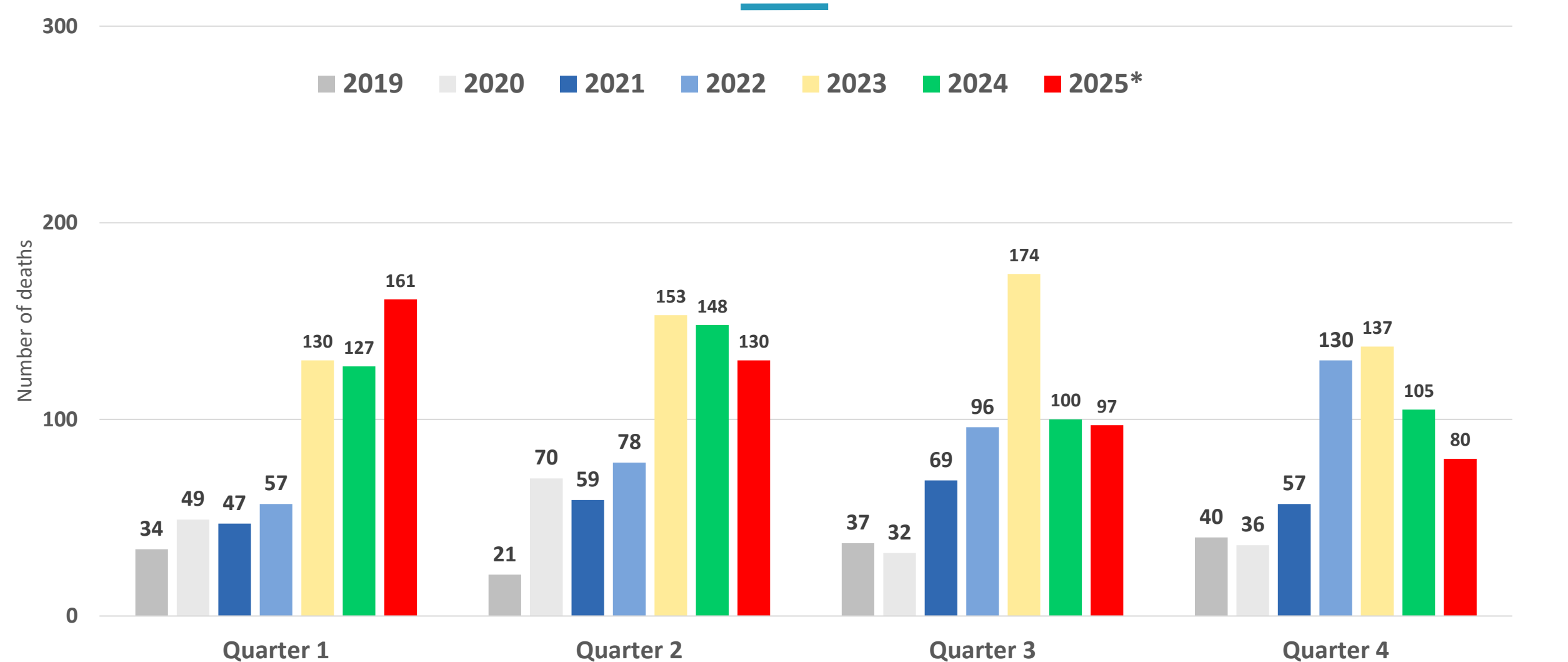
*2025 data is preliminary and will change

Number of Overdose Deaths Involving Cocaine by Month and 3-Month Average among WA Residents (2019-2025*)



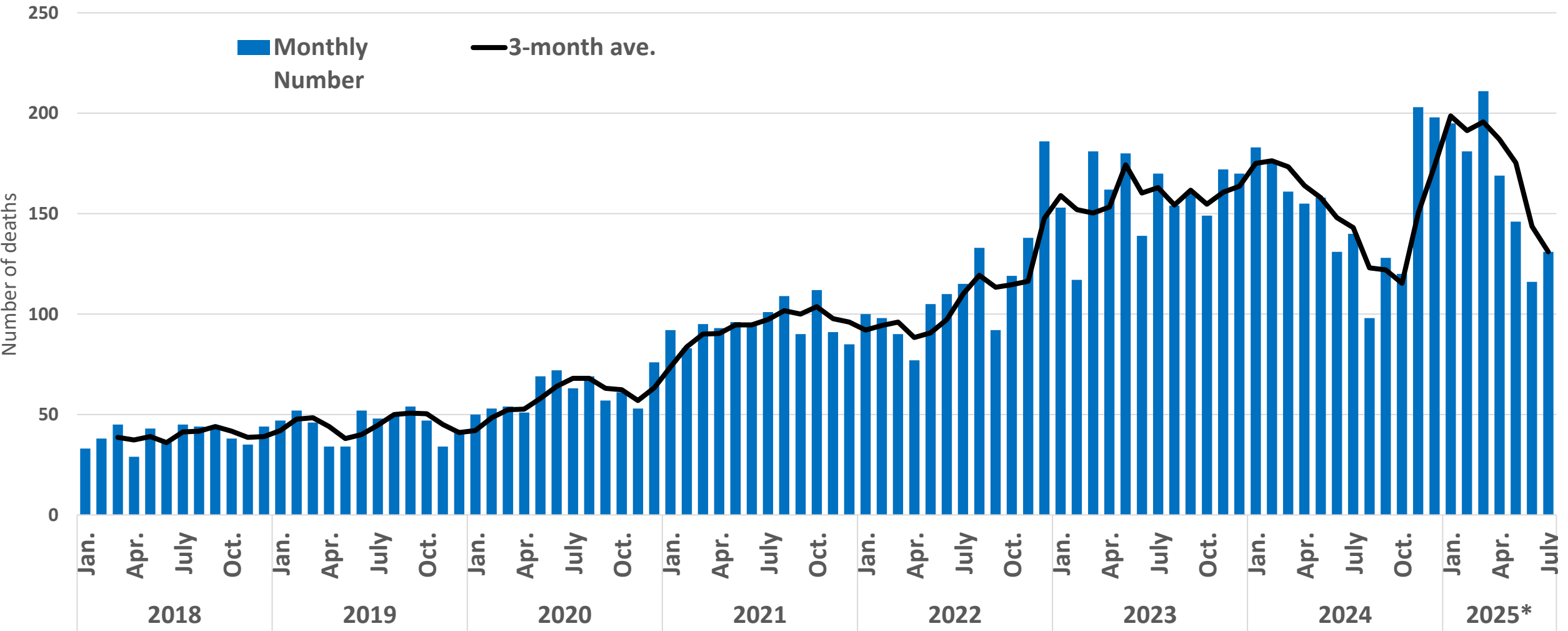
*2025 data is preliminary and will change

Number of Overdose Deaths Involving Cocaine by Quarter among Washington Residents



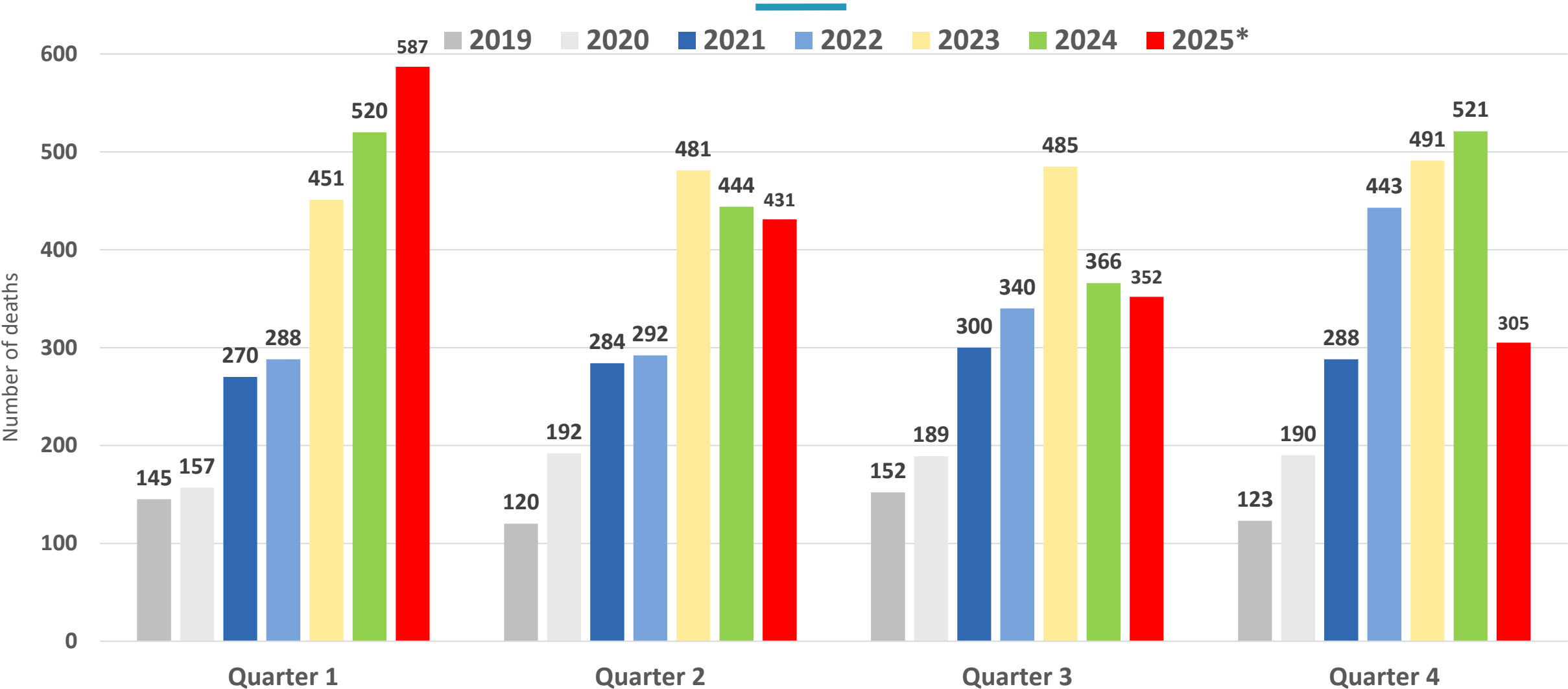
*2025 data are preliminary and will change.

Number of Overdose Deaths Involving a Psychostimulant by Month and 3-Month Average among Washington Residents (2019-2025*)



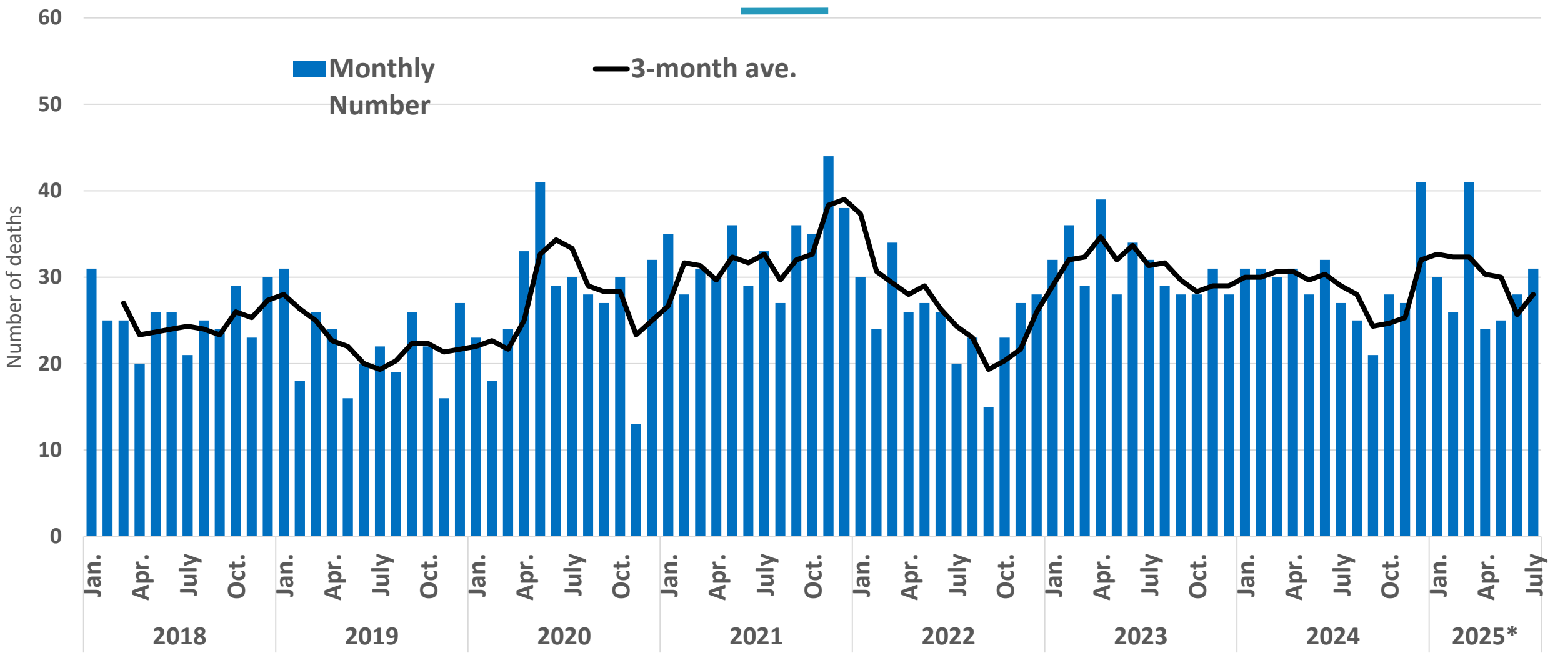
*2025 data is preliminary and will change

Number of Overdose Deaths Involving a Psychostimulant by Quarter among WA Residents



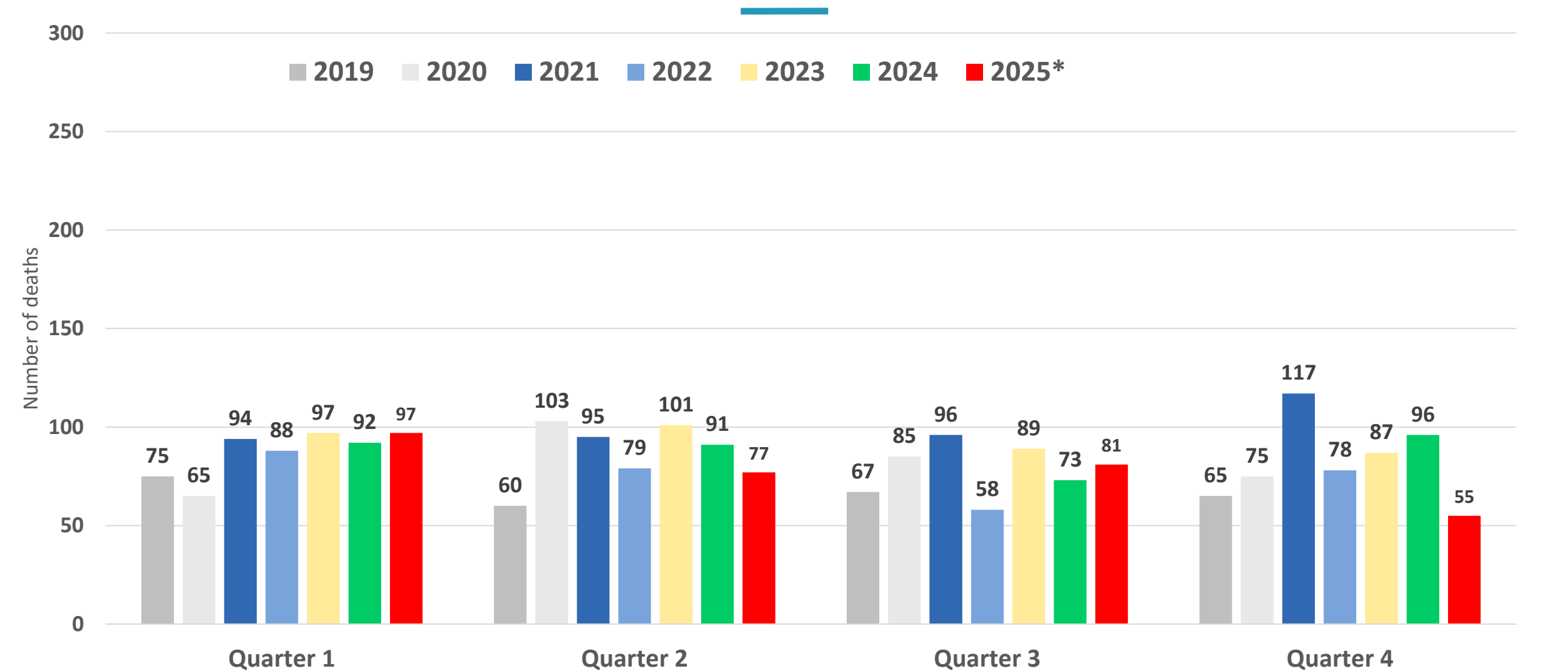
*2025 data are preliminary and will change.

Number of Overdose Deaths Involving a Prescription Opioid* by Month and 3-Month Average among WA Residents (2019-2025*)



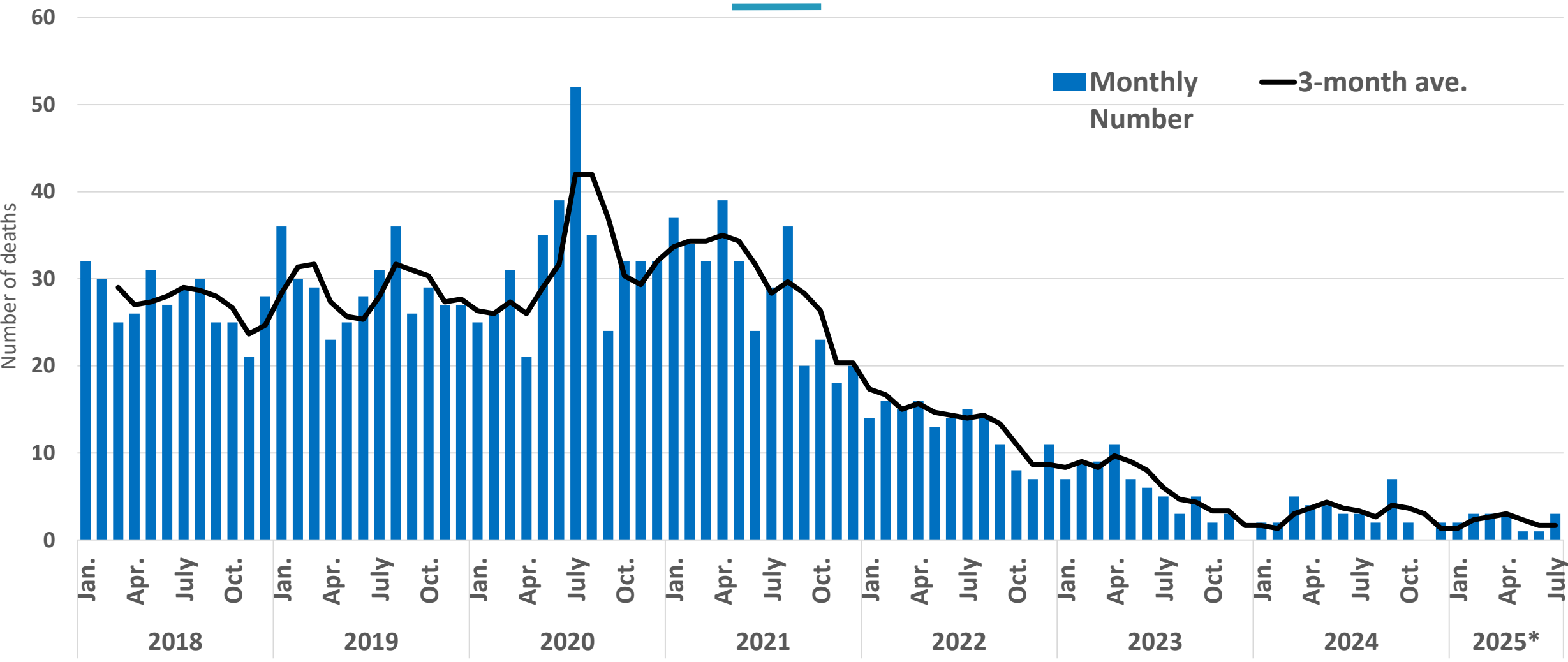
* T40.2 & T40.3
*2025 data is preliminary and will change

Number of Overdose Deaths Involving a Prescription Opioid* by Quarter among WA Residents



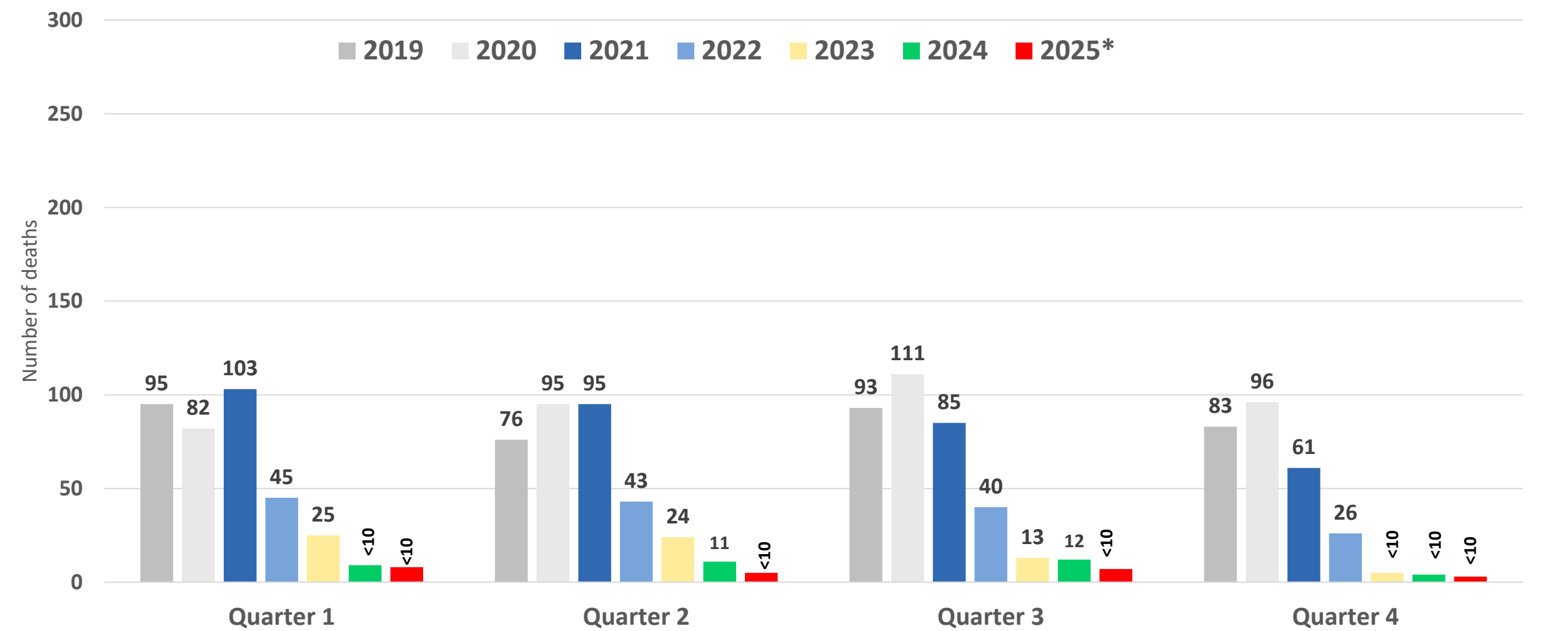
* T40.2 & T40.3
*2025 data are preliminary and will change.

Number of Overdose Deaths Involving Heroin by Month and 3-Month Average among WA Residents (2019-2025*)



*2025 data is preliminary and will change

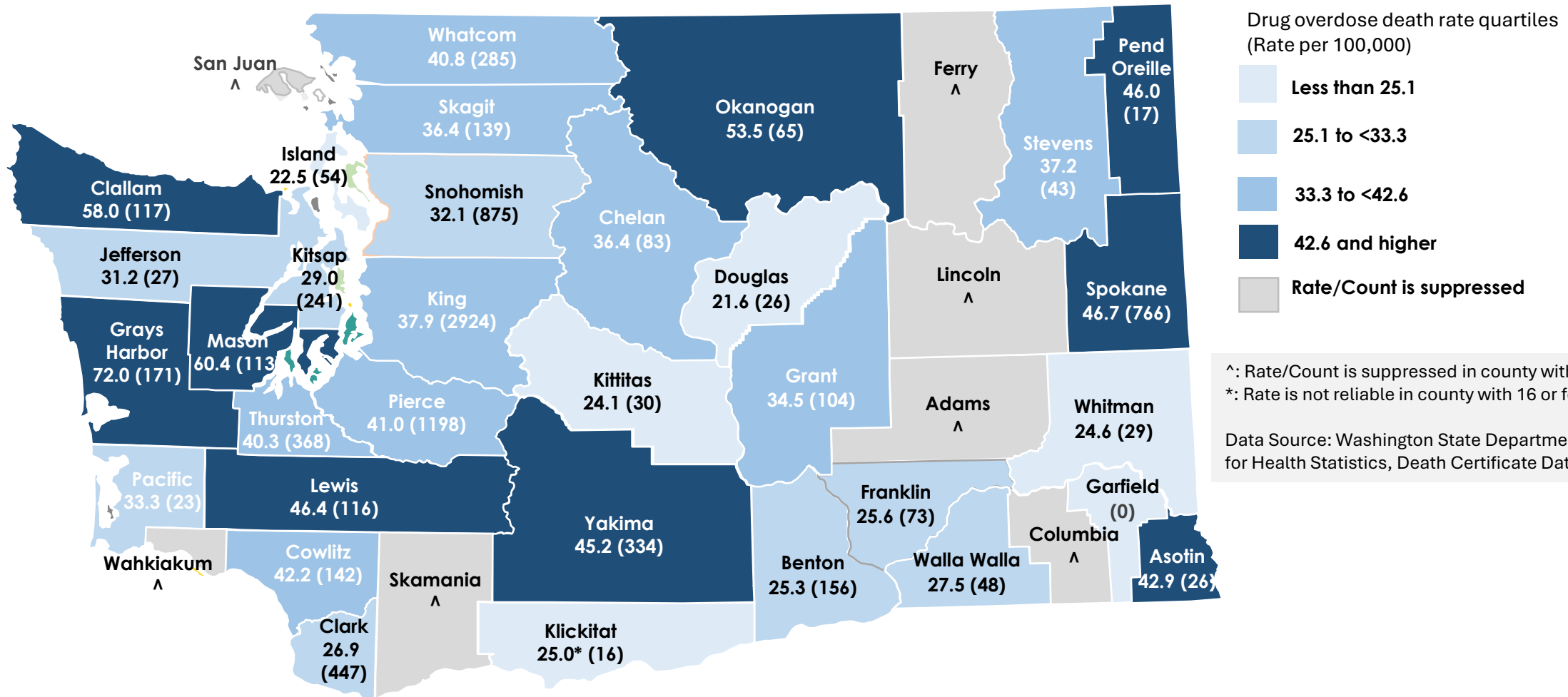
Number of Overdose Deaths Involving Heroin by Quarter among Washington Residents



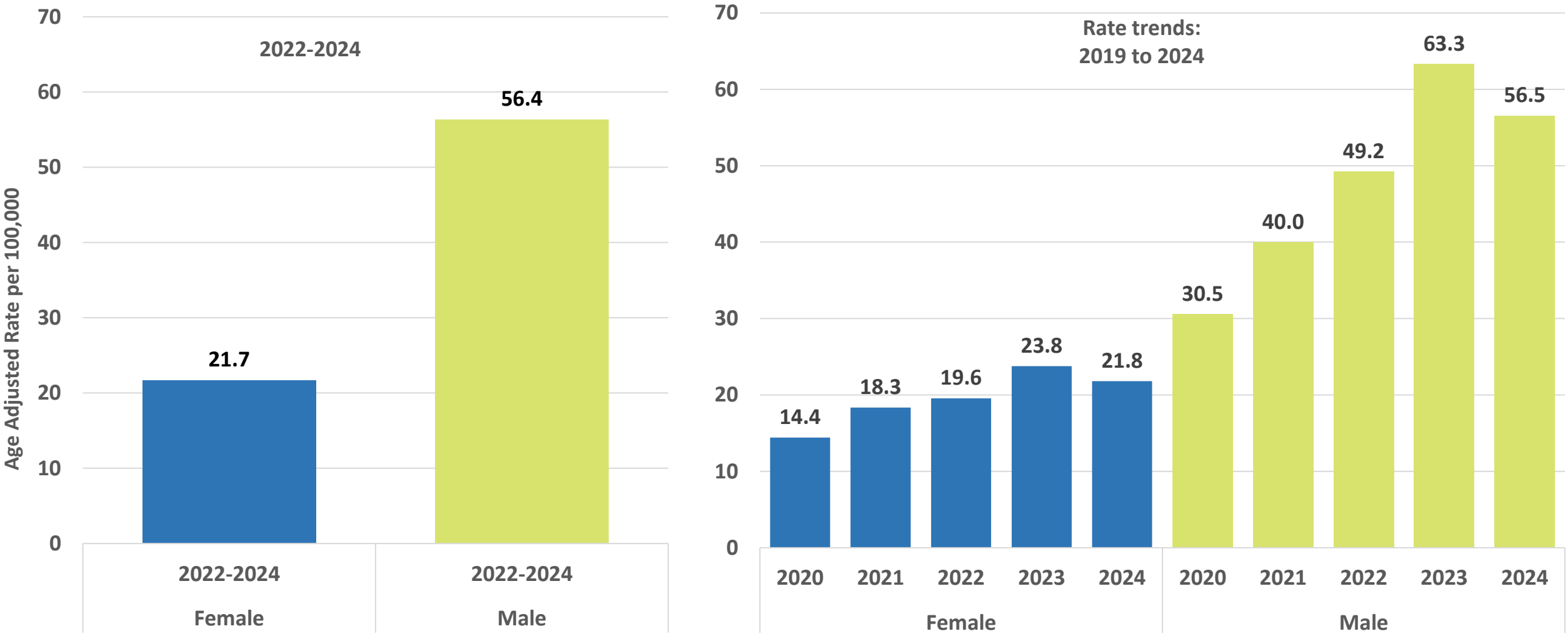
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Drug overdose death rates (and counts) by County (2022-2024)

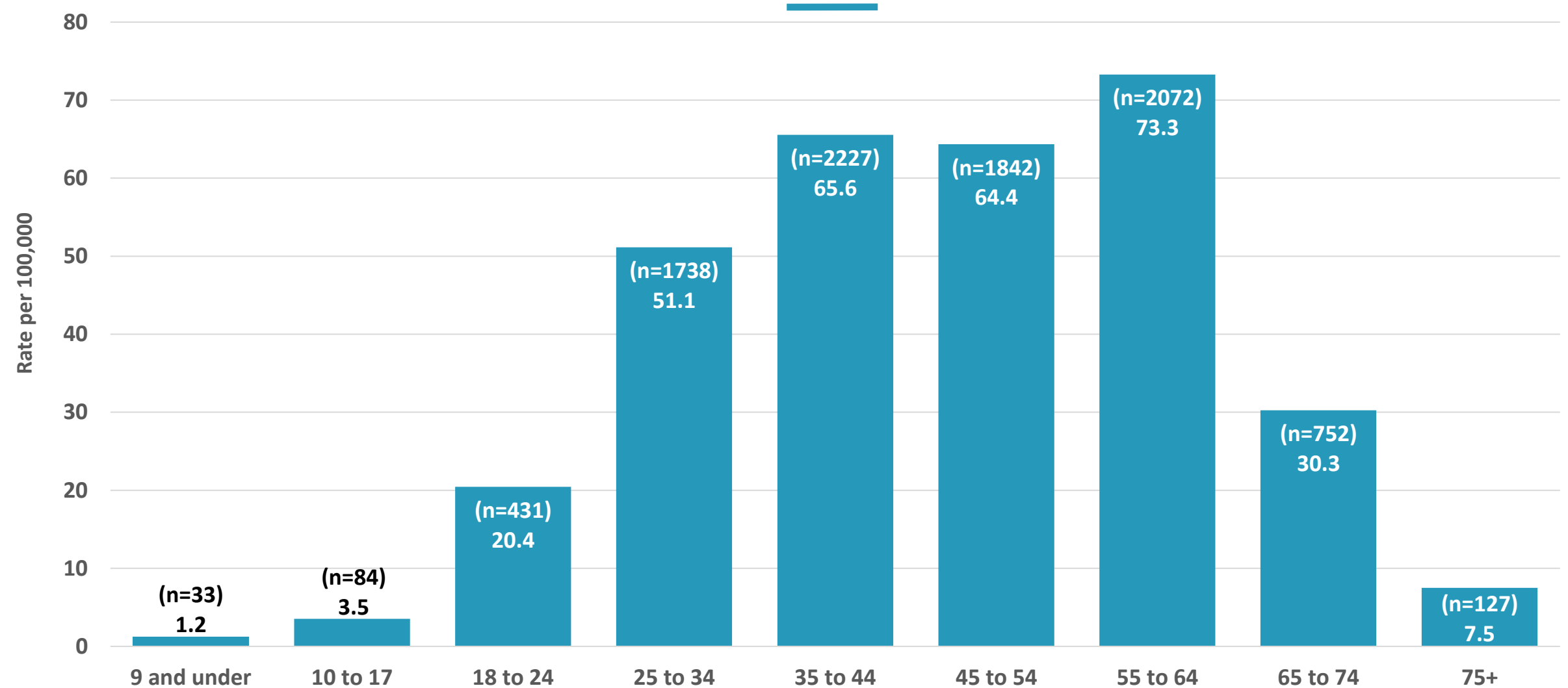
(State Age-Adjusted Rate = 37.7 per 100,000)



Drug Overdose Death rates by Sex among Washington residents

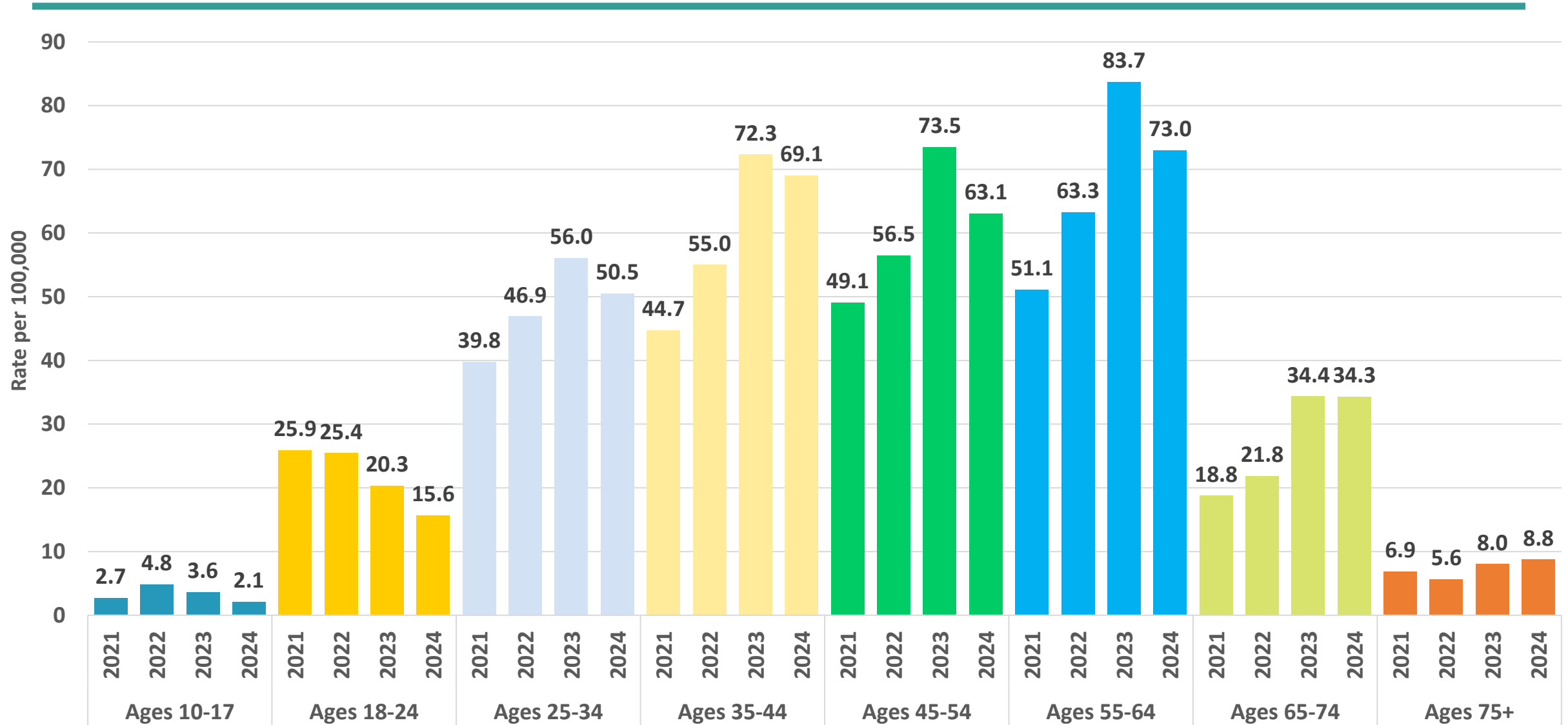


Drug overdose death rates by age among Washington residents (2022-2024)



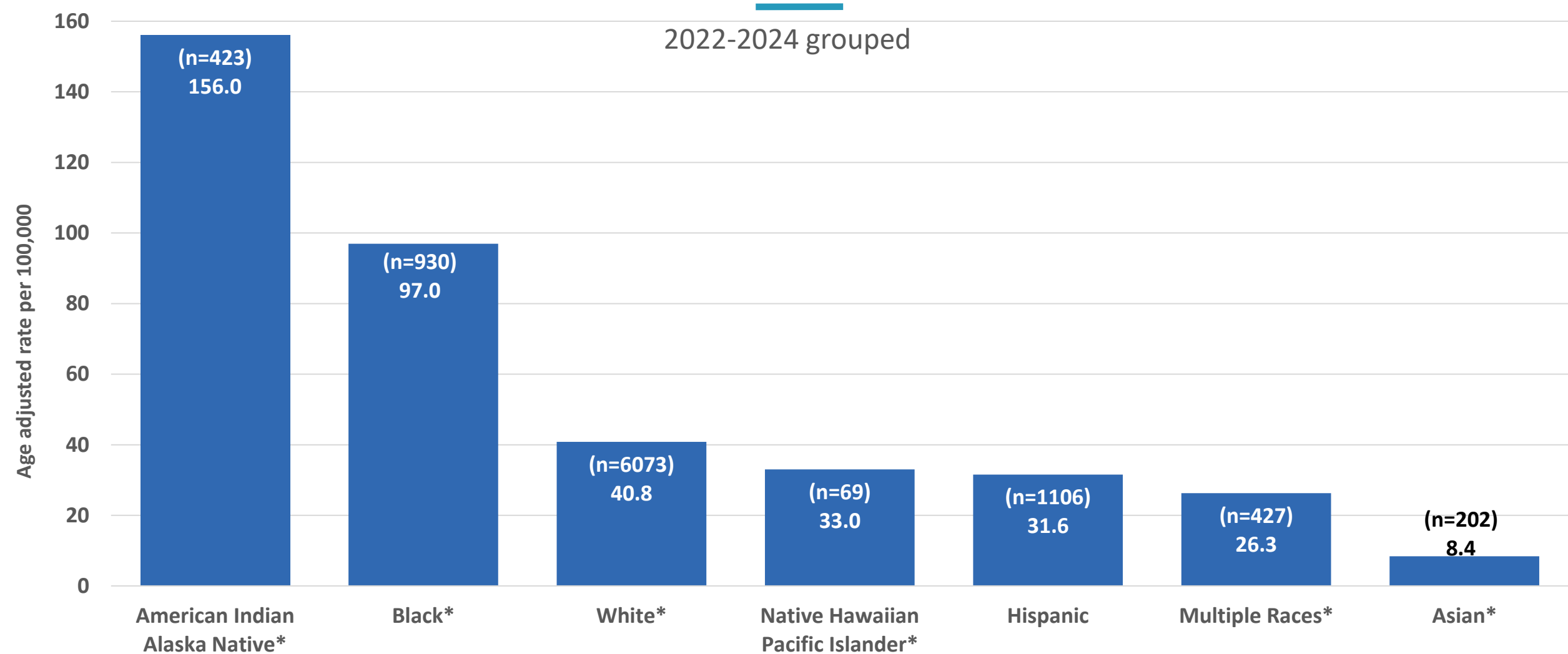
Drug overdose death rates by age

Comparing 2021, 2022, 2023 and 2024



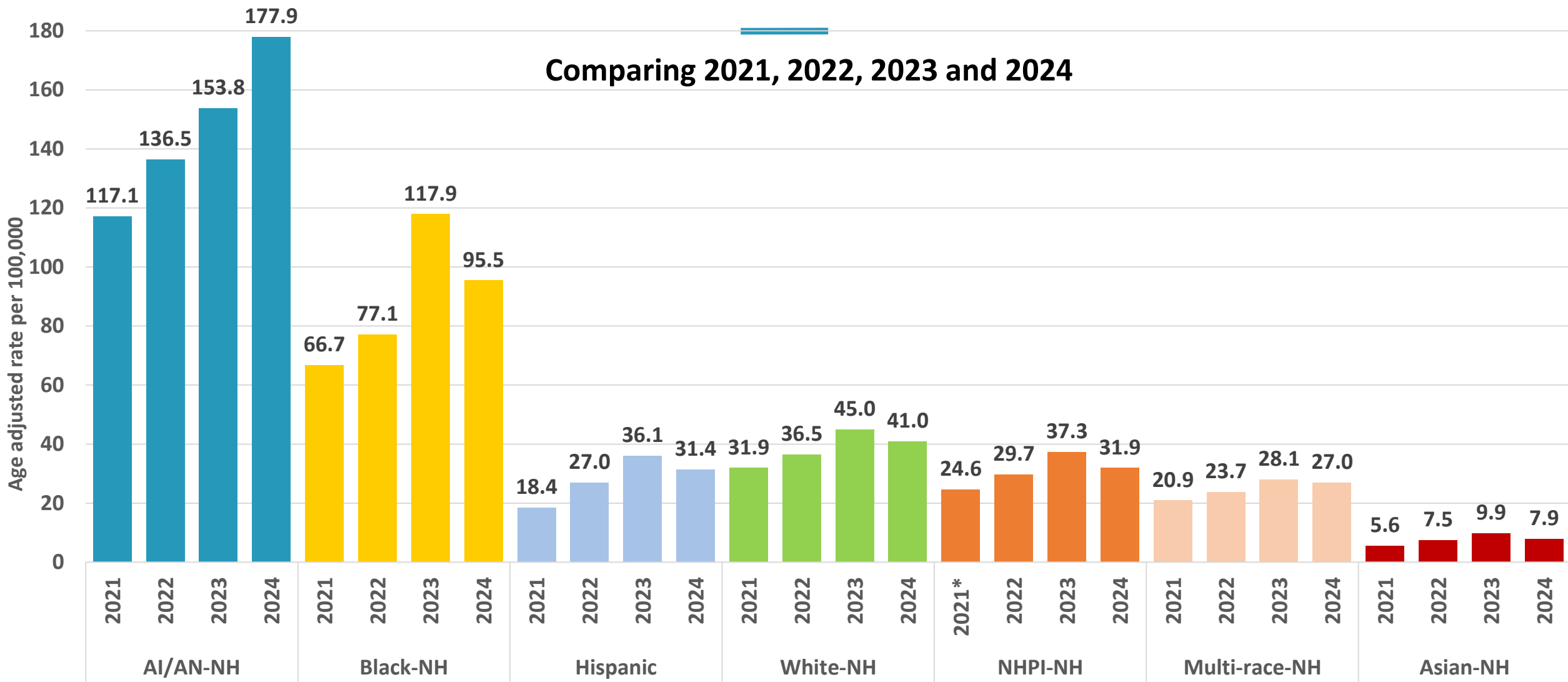
Ages 9 and under are suppressed.

Drug overdose death rates by race/ethnicity among Washington residents



* Non-Hispanic

Drug overdose death rates by race/ethnicity

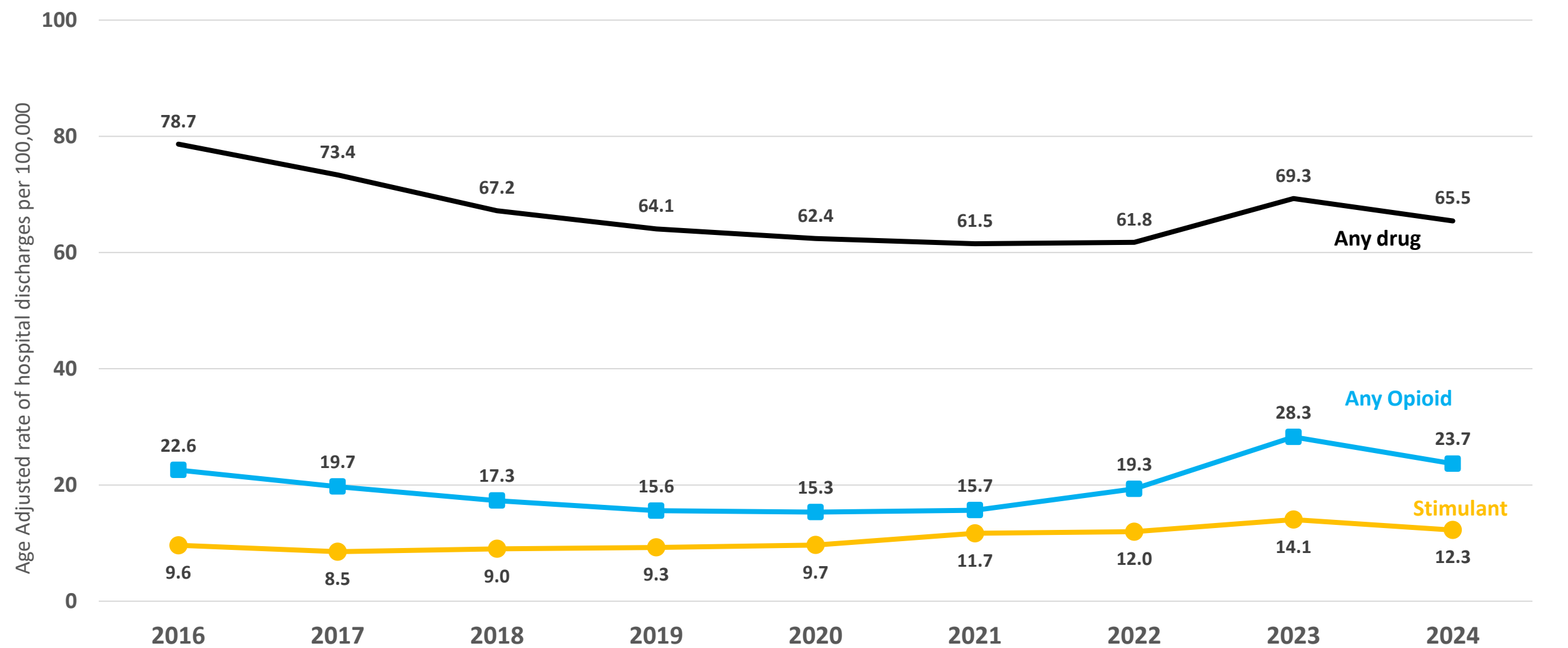


AI/AN: American Indian Alaskan Native
NH/PI: Native Hawaiian and Pacific Islander

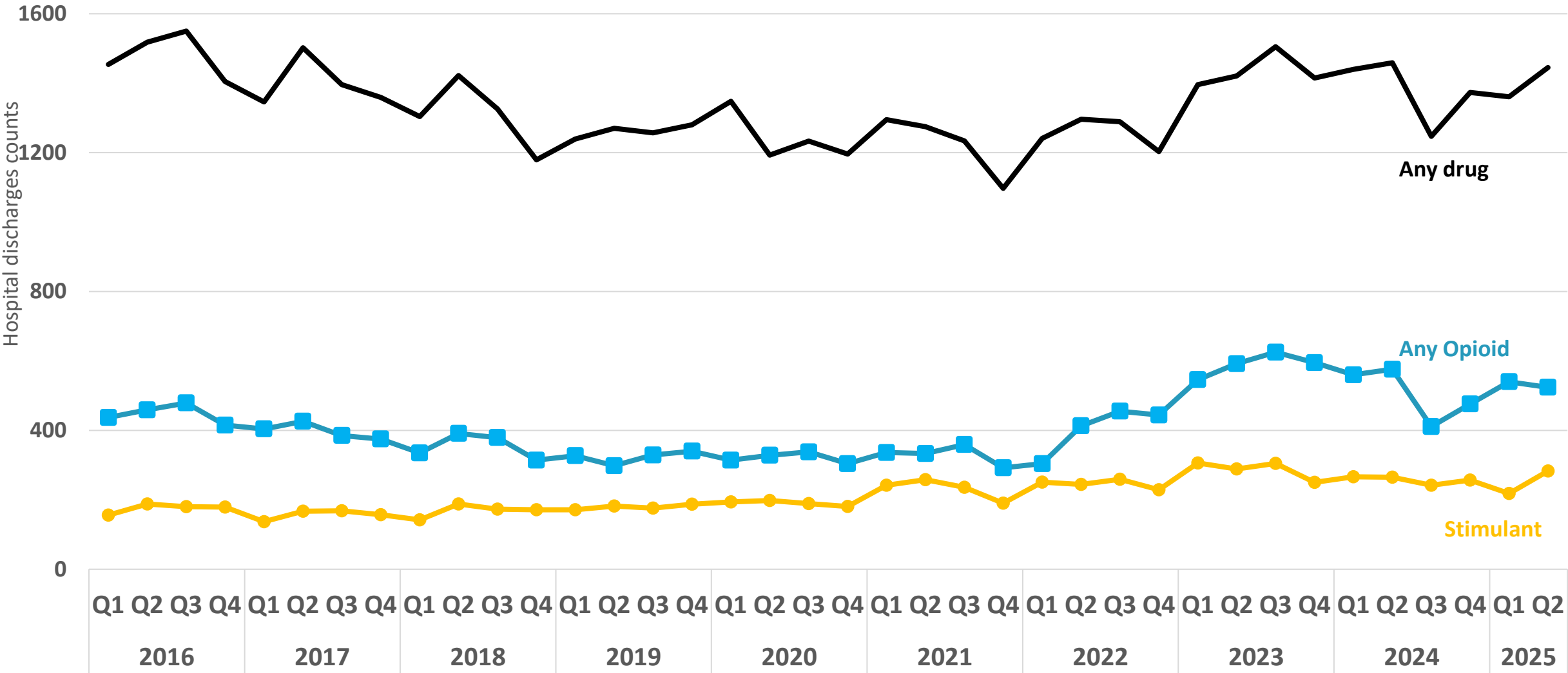


OVERDOSE HOSPITAL DISCHARGE

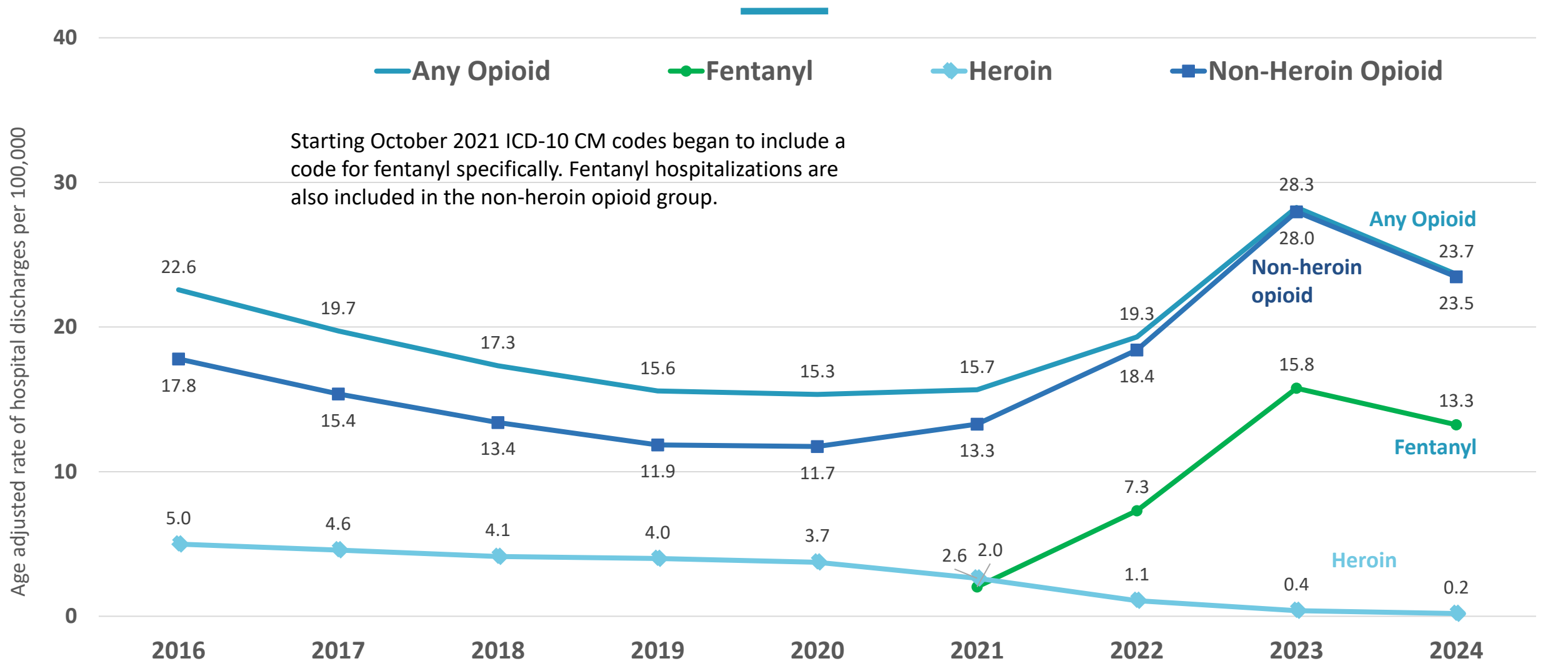
Overdose Hospitalization Rate by Year and Drug Type among Washington Residents (2016-2024)



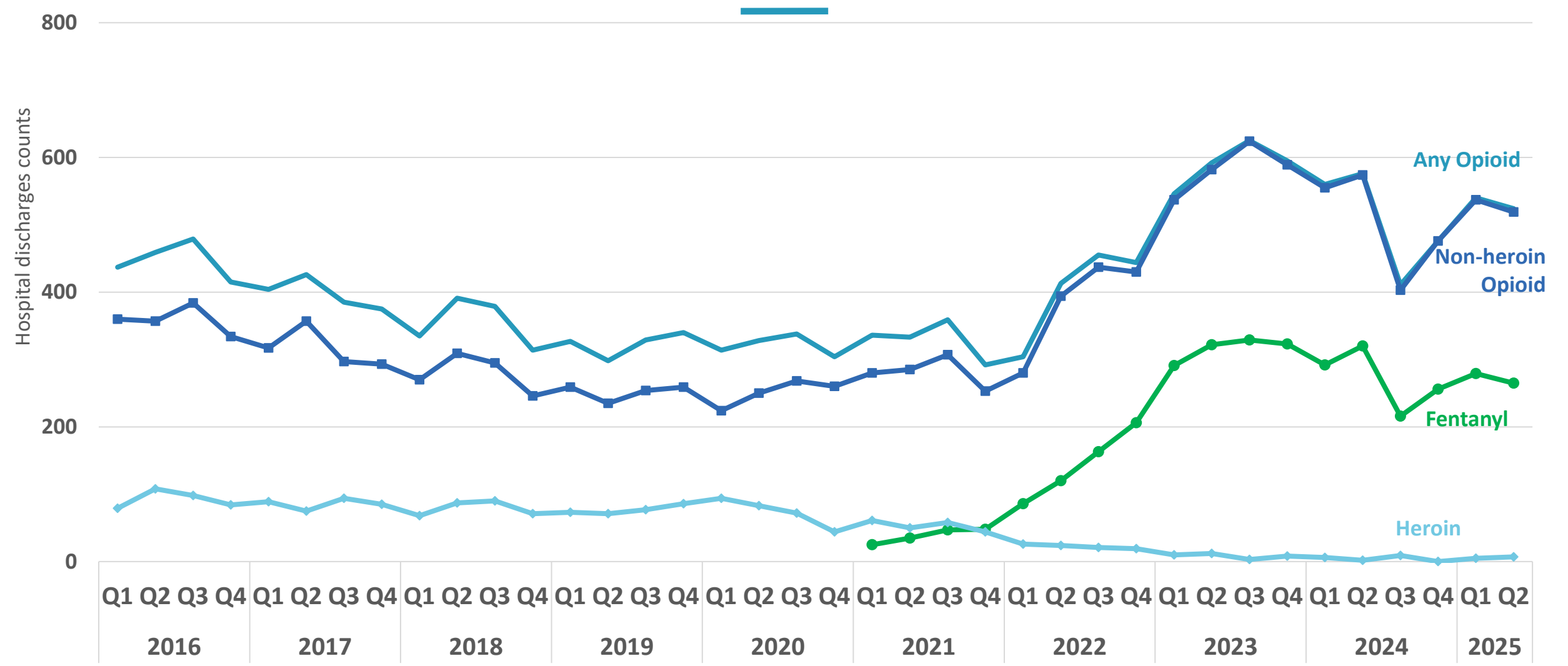
Overdose Hospitalization counts by quarter/year and Drug Type among Washington Residents (2016-2025)



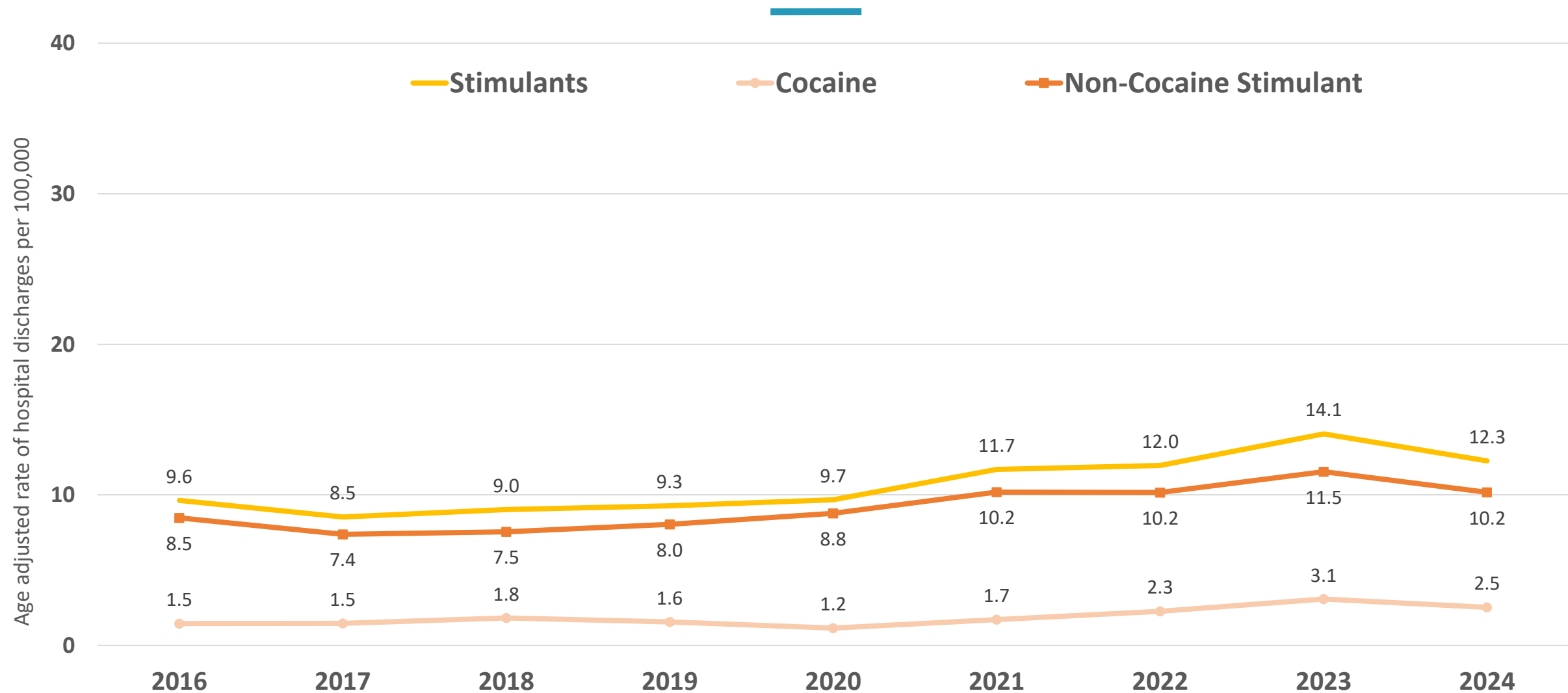
Overdose Hospitalization Rate by Year and Opioid Drug Group among Washington Residents (2016-2024)



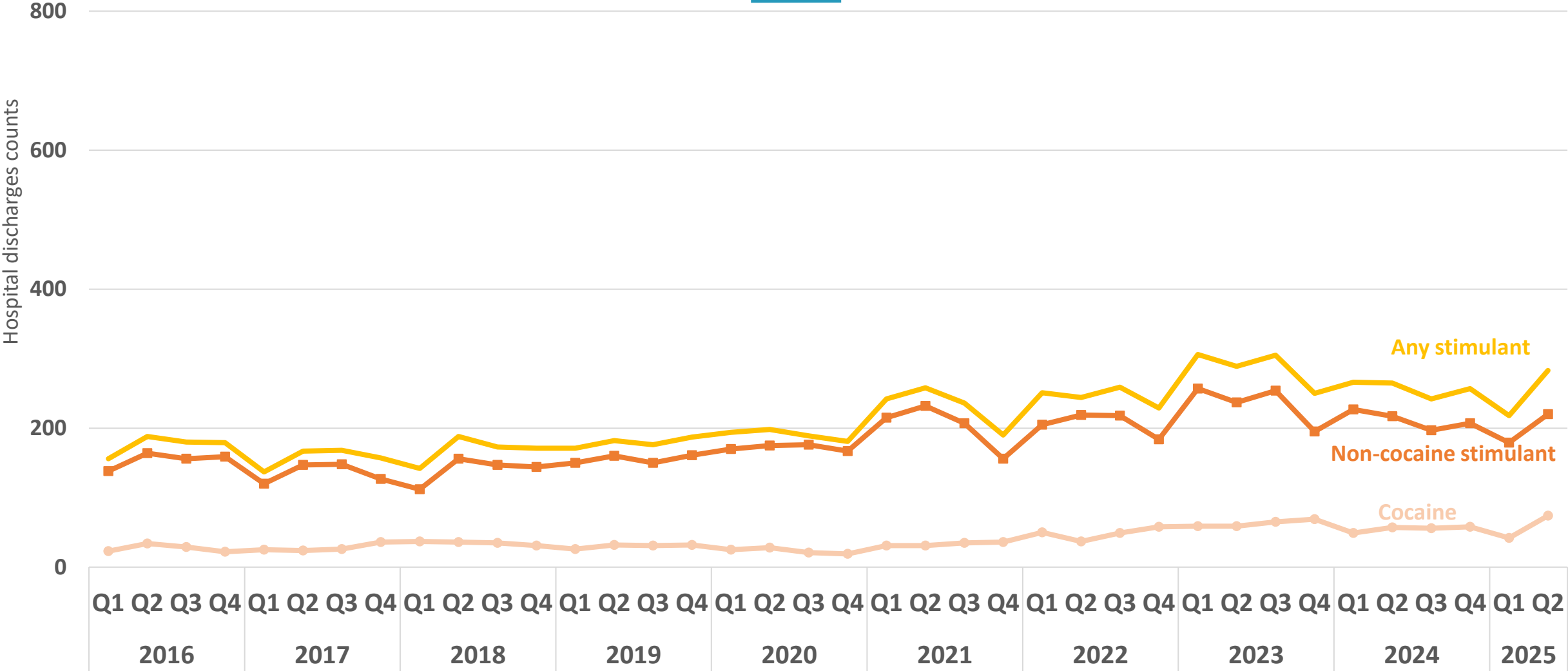
Overdose Hospitalization counts by quarter/year and Opioid drug group among Washington Residents (2016-2025)



Overdose Hospitalization Rate by Year and Stimulant Drug Group among Washington Residents (2016-2024)



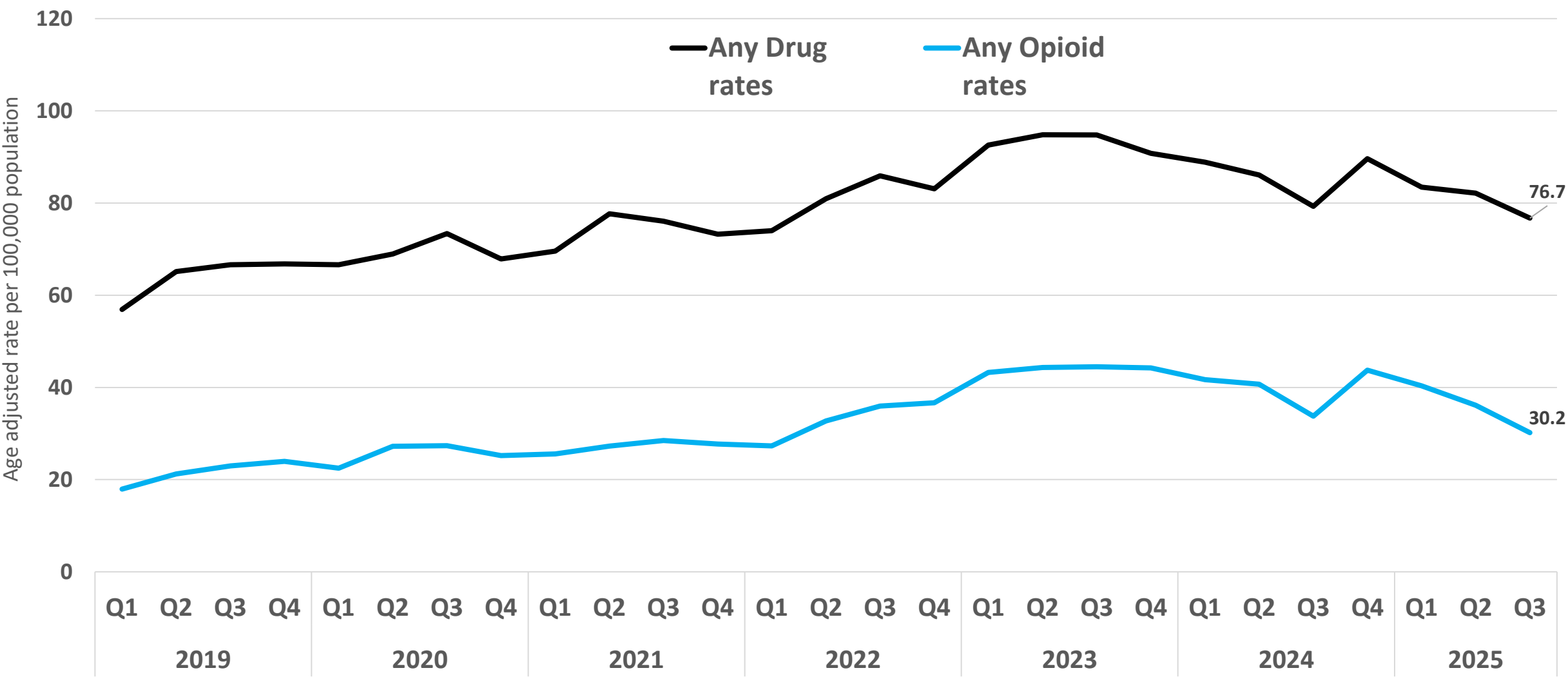
Overdose Hospitalization counts by quarter/year and stimulant drug group among Washington Residents (2016-2025)





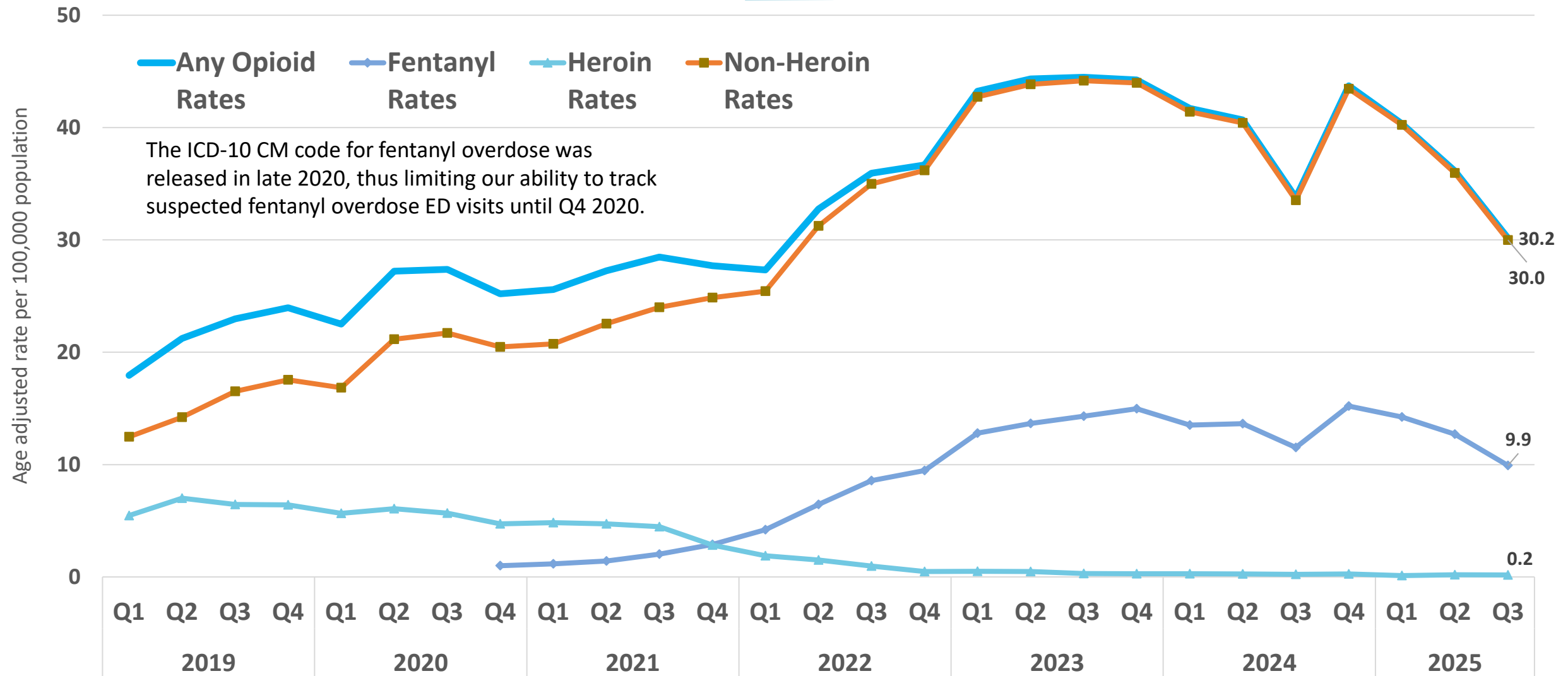
NON-FATAL SUSPECTED OVERDOSE ED VISITS

Emergency Department Visit Rates for Non-Fatal Suspected Overdose by Quarter & Year and Drug Type among Washington Residents (2019-2025)



ED visit rates are age adjusted and population based

Emergency Department Visit Rates for Non-Fatal Suspected Overdose by Quarter & Year and Opioid Drug Type among Washington Residents (2019-2025)



Where to find overdose data?

- [Opioid and Overdose Data Dashboard \(public\)](#)
 - Includes all overdose deaths, hospitalizations, and EMS responses filterable by residence, age, sex, and race/ethnicity
- **Internal Opioid and Overdose Data Dashboard**
 - Includes data on overdose deaths, hospitalizations, ED visits, and EMS responses
 - Available to local health jurisdictions, tribal public health partners, and DOH program staff.
 - To request access to the internal dashboard, fill out this form: [WA DOH Restricted Access Opioid & Drug Use Data Dashboard - Dashboard Access Request Form \(smartsheet.com\)](#)
 - For technical-support type access by emailing AIM-DataVisualization@doh.wa.gov.
- **NEW [Unintentional Drug Overdose Data Dashboard \(SUDORS\)](#)**
 - Includes additional demographic, drug category, and circumstance details on unintentional and undetermined overdose deaths
- [Online Injury Data Request Form](#)

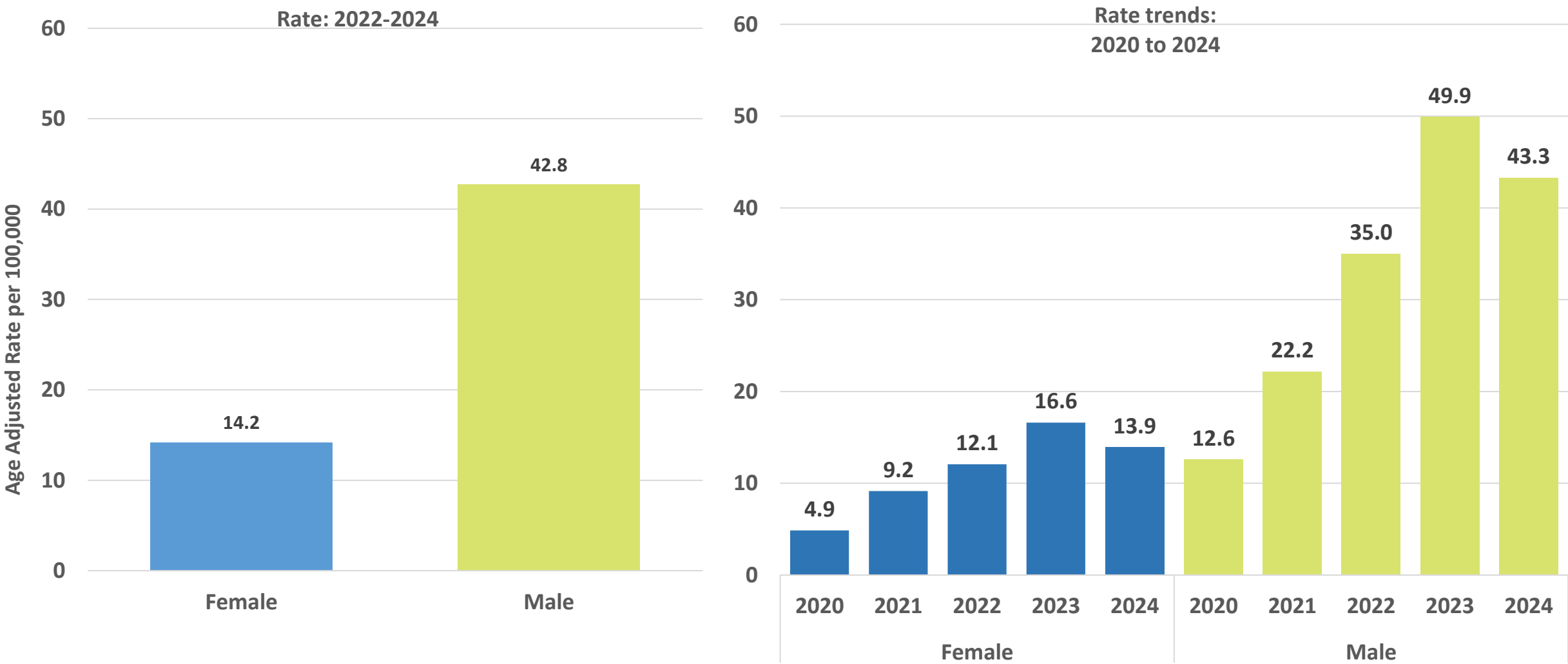


Thank you

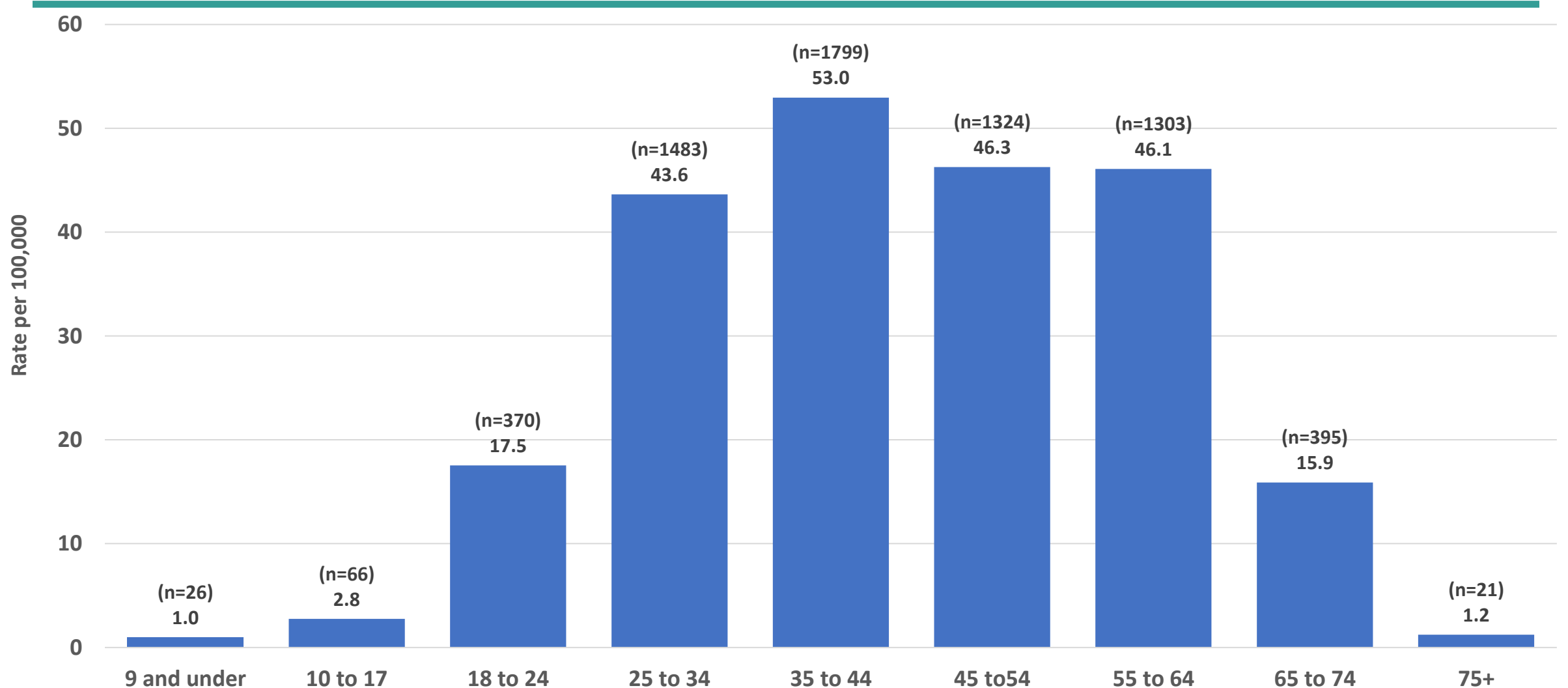
Email contact: Injury.data@DOH.WA.GOV

Extra slides

Synthetic opioid involved drug overdose death rates by sex among Washington residents

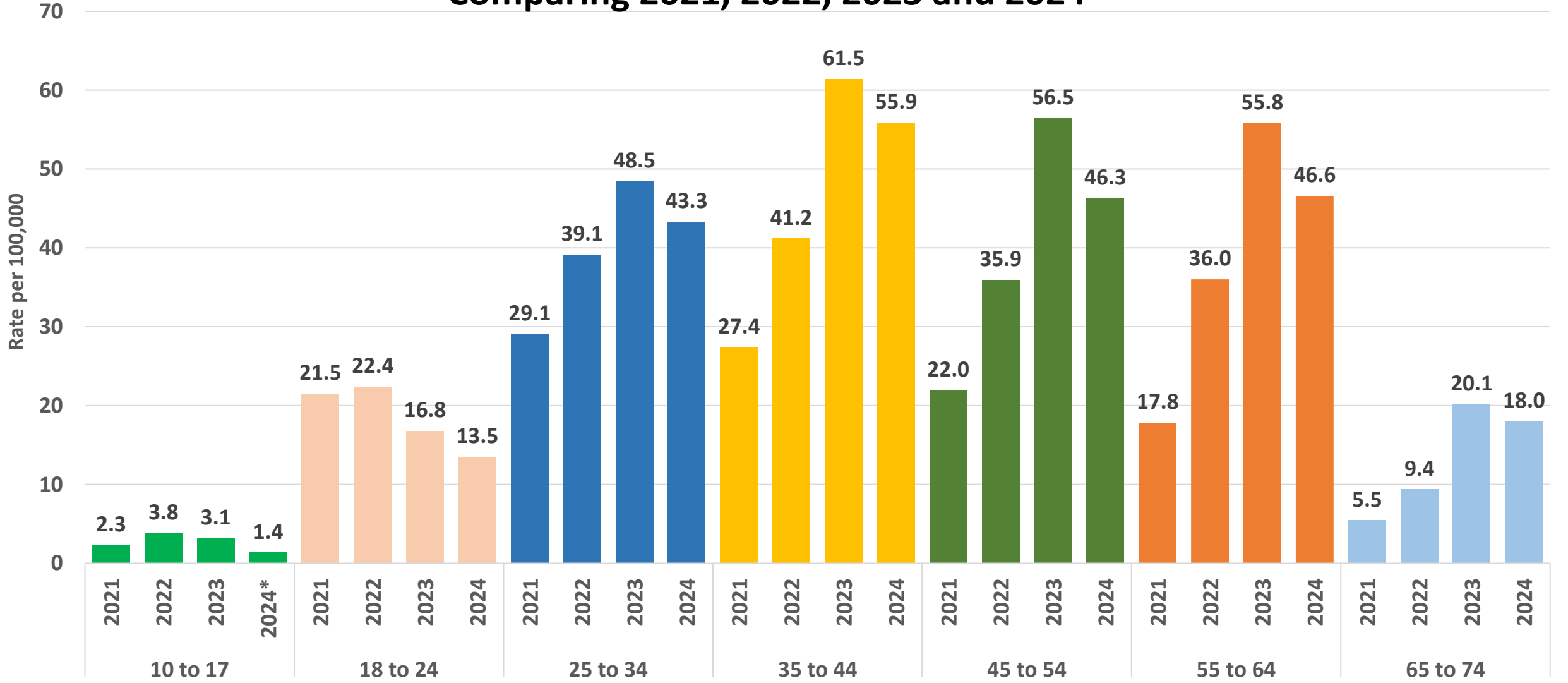


Synthetic opioid involved drug overdose death rates by age among Washington residents (2022-2024)



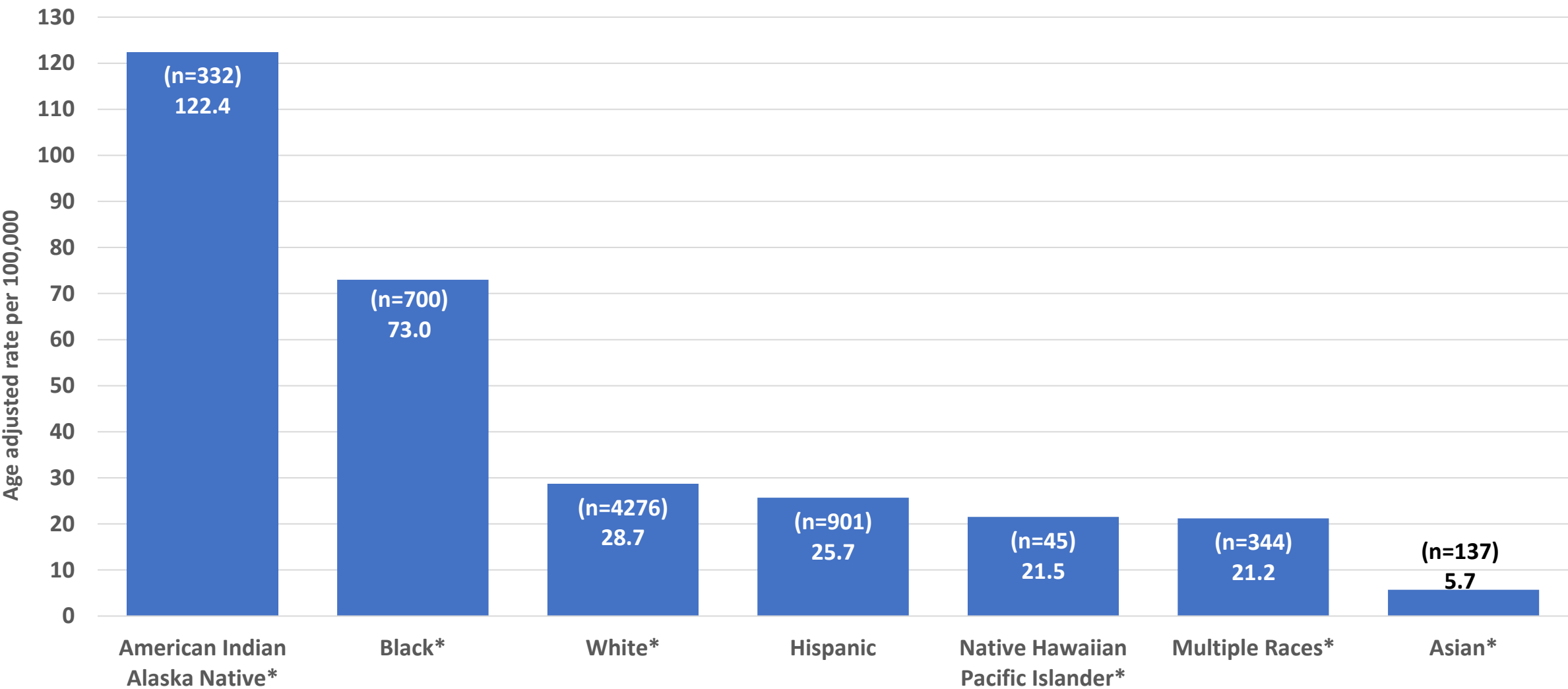
Synthetic opioid related drug overdose death rates by age

Comparing 2021, 2022, 2023 and 2024



Ages 9 and under, and 75+ have counts less than 10 and are not shown.

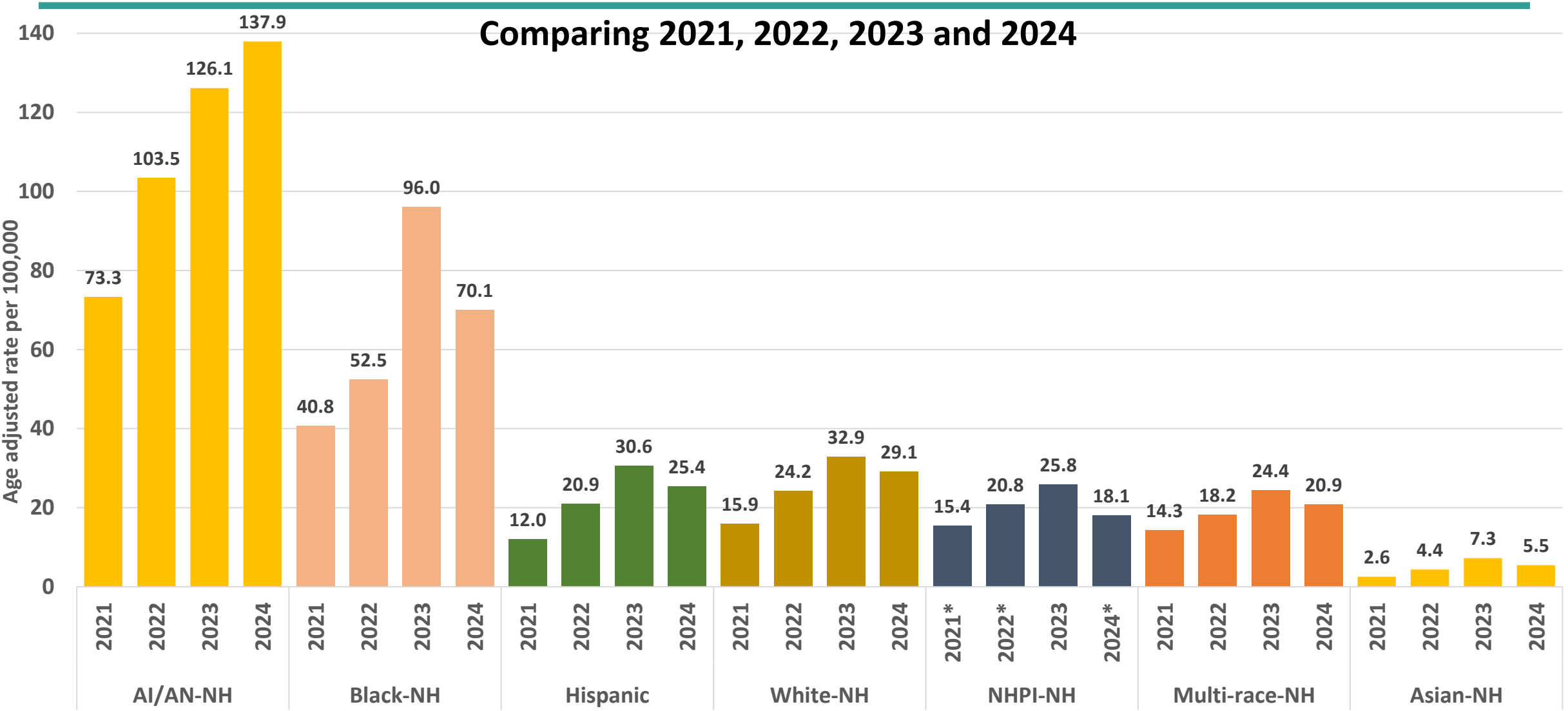
Synthetic opioid related drug overdose death rates by race/ethnicity among Washington residents (2022-2024)



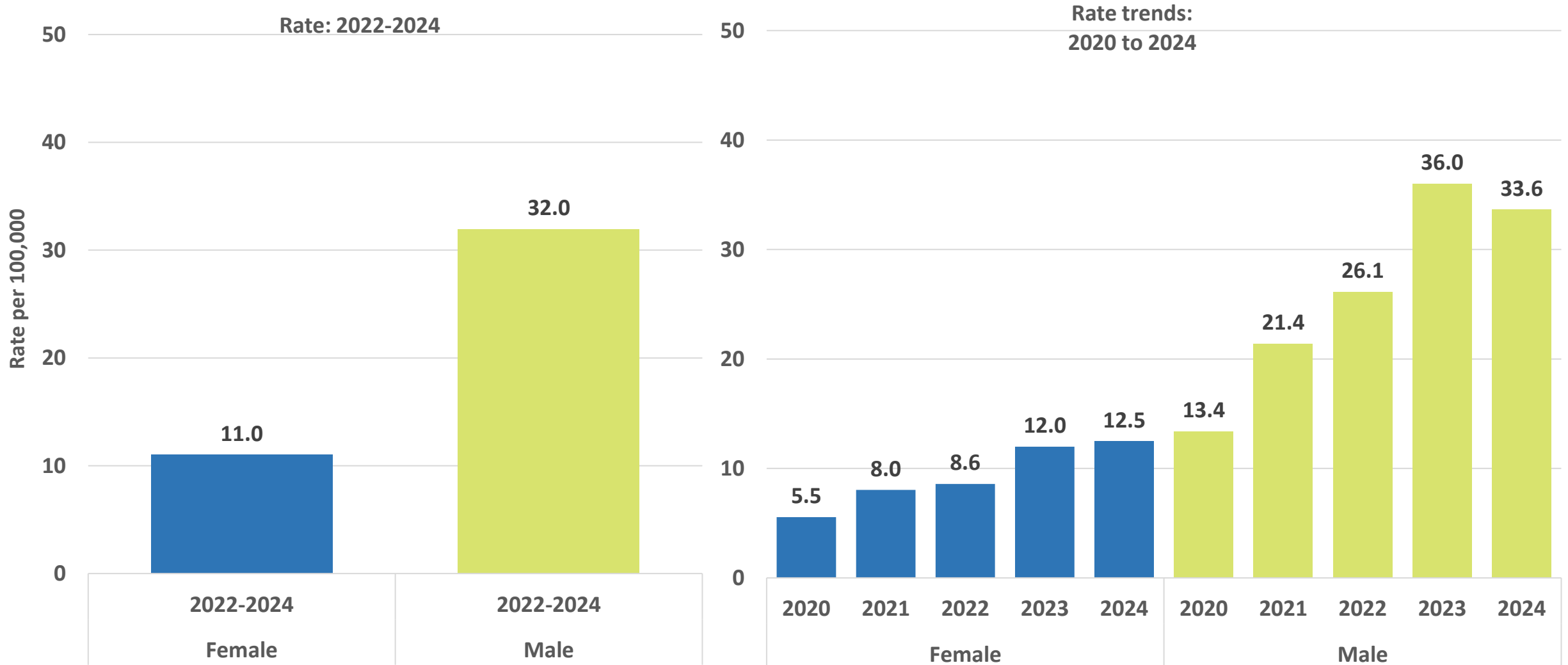
AIAN: American Indian/Alaskan Native
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* Non-Hispanic

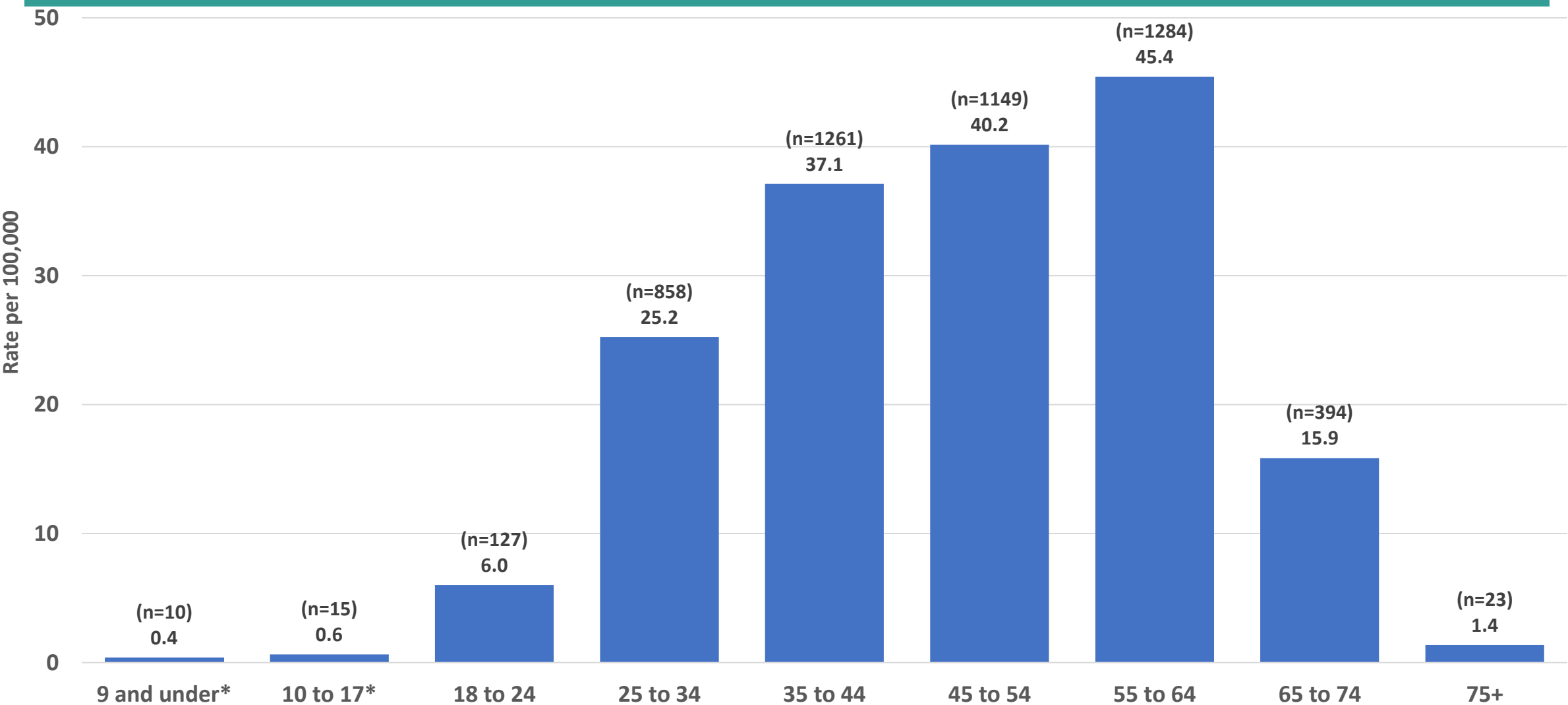
Synthetic opioid related drug overdose death rates by race/ethnicity



Psychostimulant involved drug overdose death rates by sex among Washington residents

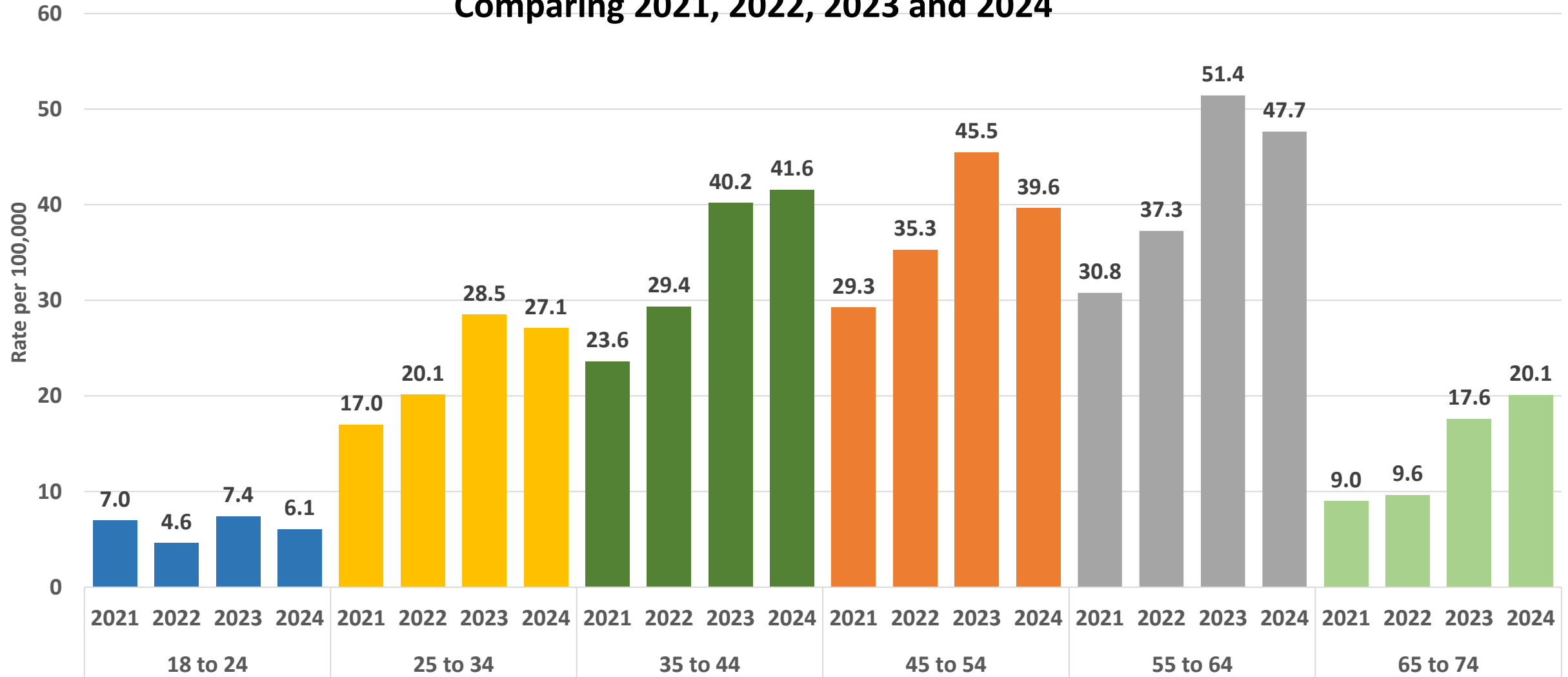


Psychostimulant involved drug overdose death rates by age among Washington residents (2022-2024)



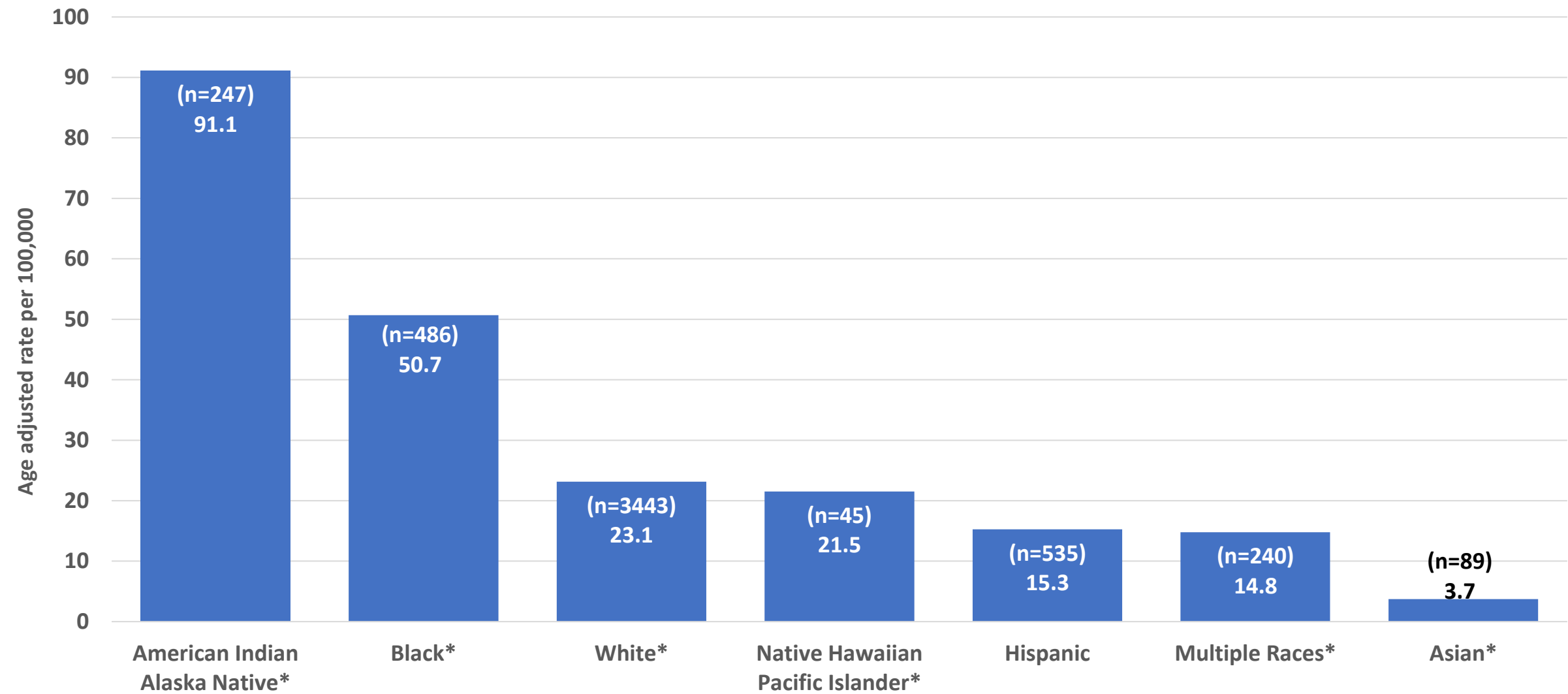
Psychostimulant related drug overdose death rates by age

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Ages 9 and under, 10 to 17, and 75+ have counts less than 10 and are not shown.

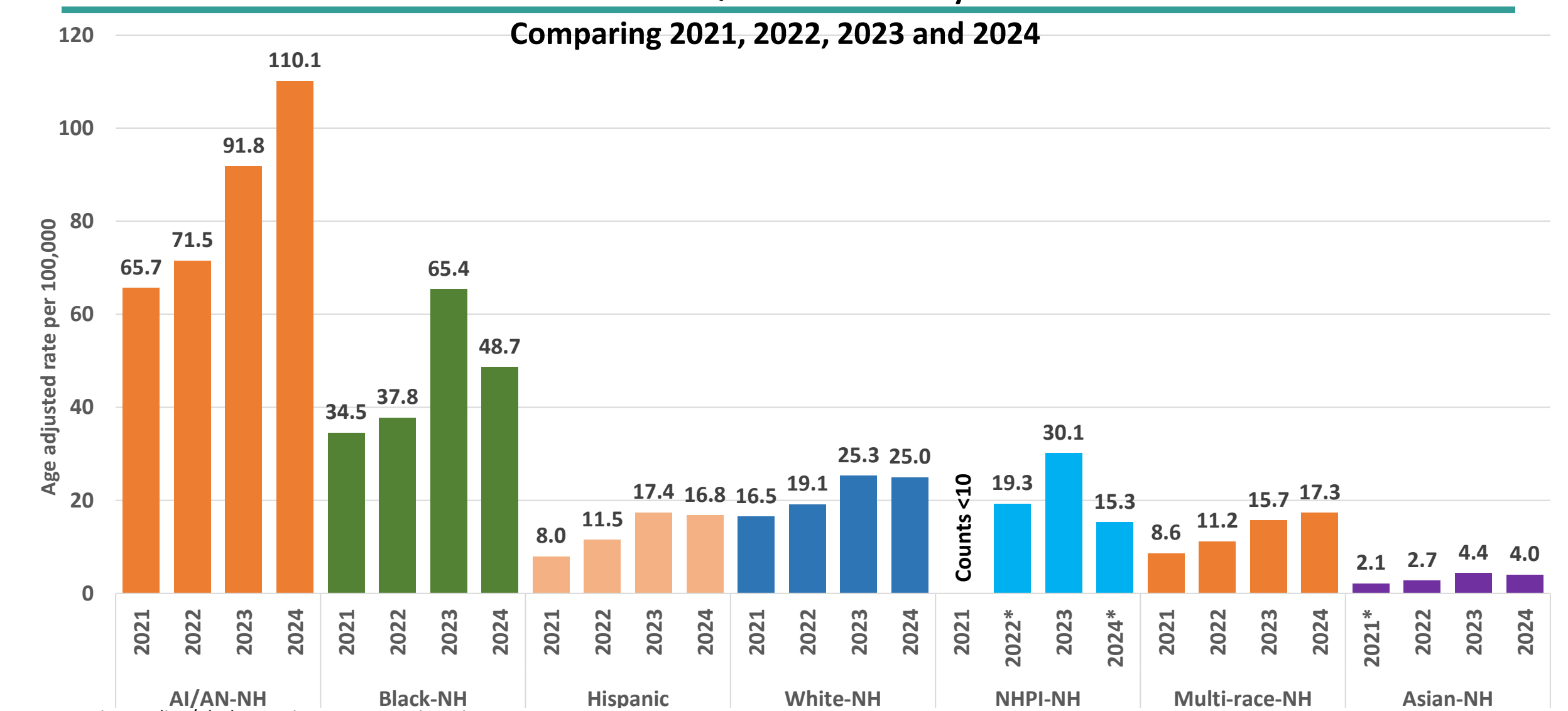
Psychostimulant related drug overdose death rates by race/ethnicity among Washington residents (2022-2024)



* Non-Hispanic

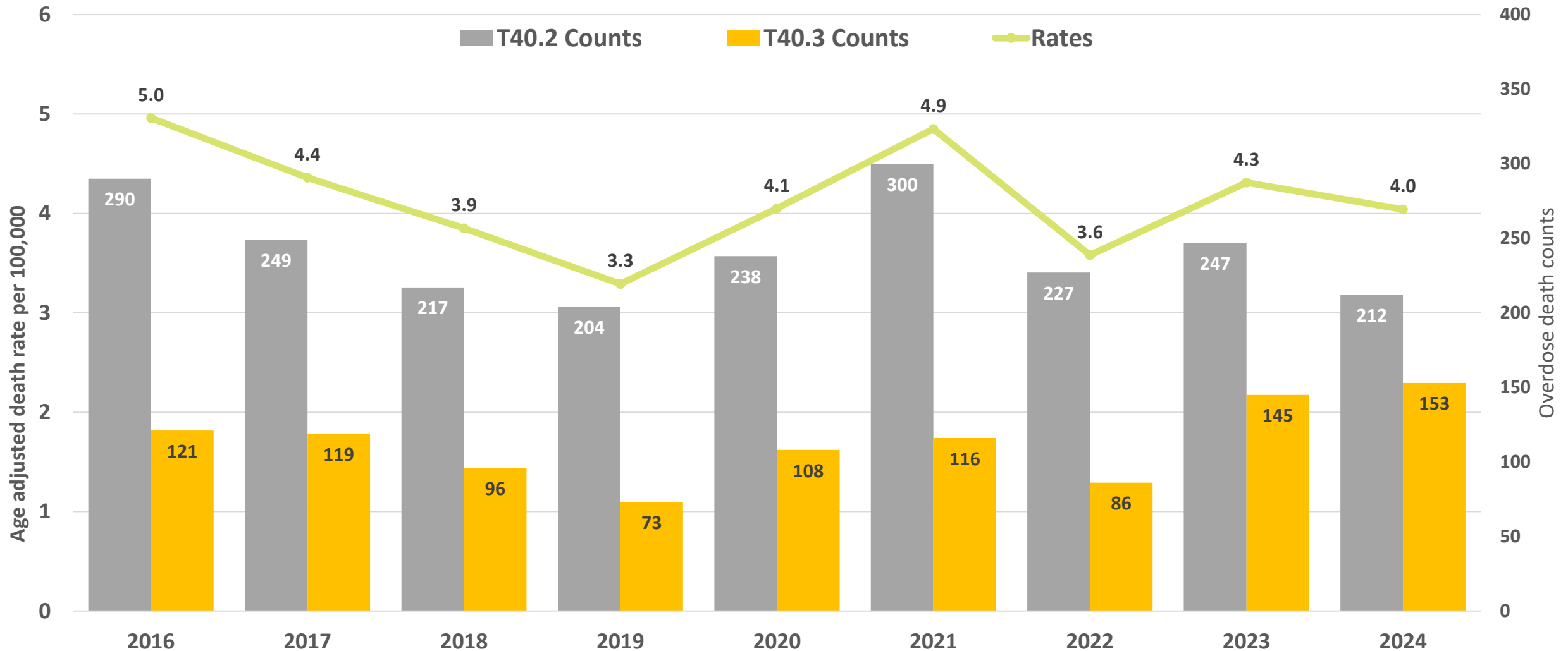
Psychostimulant related drug overdose death rates by race/ethnicity

Comparing 2021, 2022, 2023 and 2024



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NH/PI: Native Hawaiian and Pacific Islander

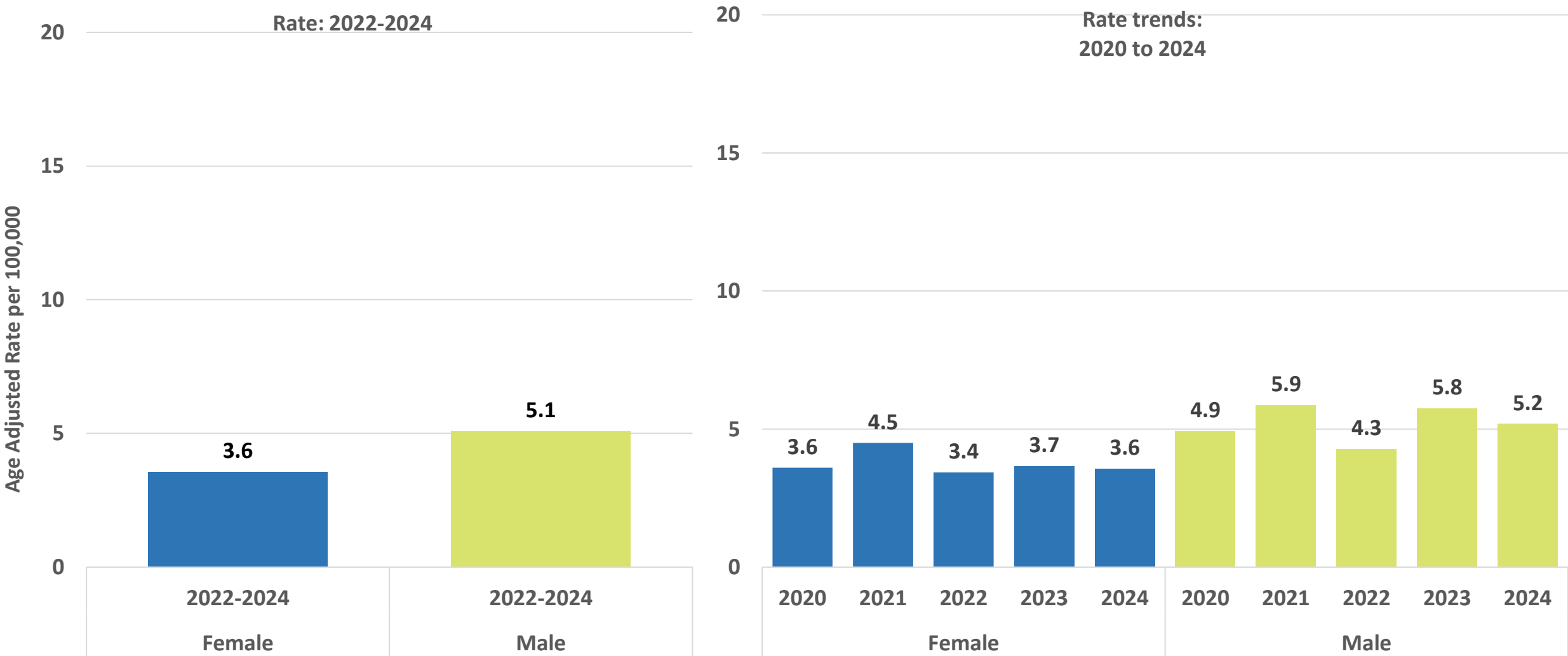
Rx opioid involved drug overdose deaths (rates/counts) by drug group among Washington residents



*Rx opioid includes ICD10 codes: T40.2 & T40.3
Natural and Semi-synthetic opioids (T40.2) and Methadone (T40.3)

Source: WA DOH death certificates

Rx opioid involved drug overdose death rates by sex among Washington residents



*Rx opioid includes ICD10 codes: T40.2 & T40.3
Natural and Semi-synthetic opioids and Methadone

Washington State Department of Health

Source: WA DOH death certificates

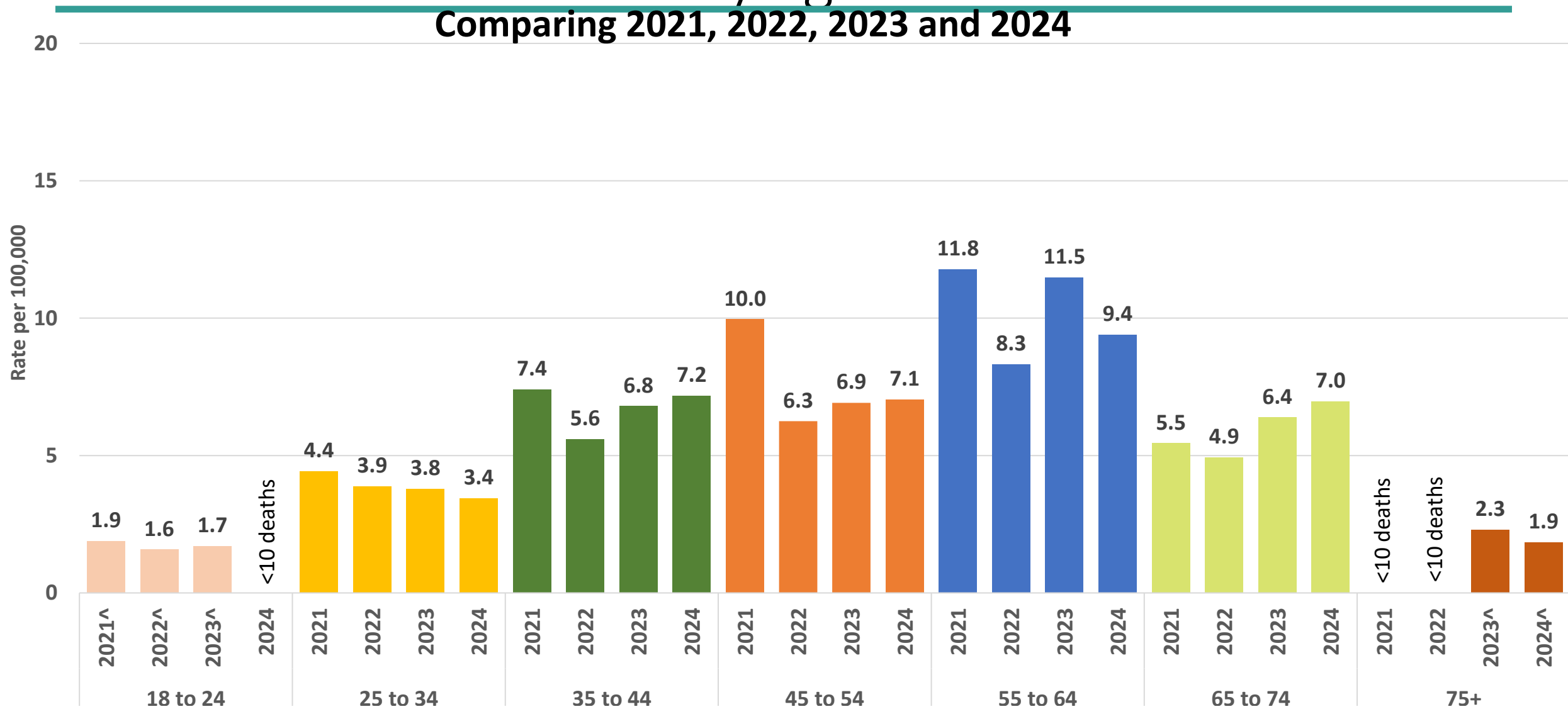
Rx opioid* involved drug overdose death rates by age among Washington residents (2022-2024)



**Rx opioid includes ICD10 codes: T40.2 & T40.3
Natural and Semi-synthetic opioids and Methadone

Rx opioid related drug overdose death rates by age

Comparing 2021, 2022, 2023 and 2024



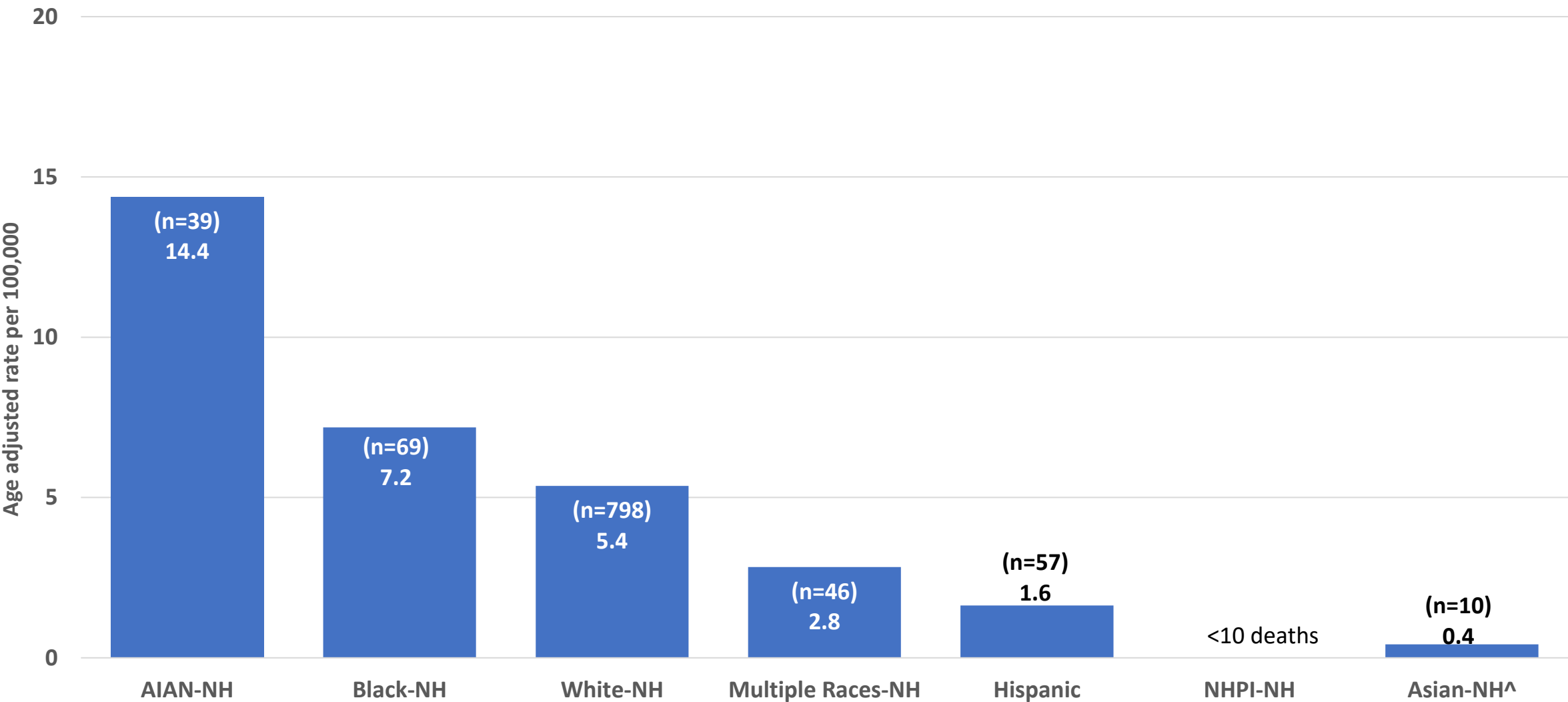
Ages 9 and under and 10 to 17 have counts less than 10 and are not shown.

^ Rates based on counts 10 to 16-rates are unstable.

Washington State Department of Health

Source: WA DOH death certificates

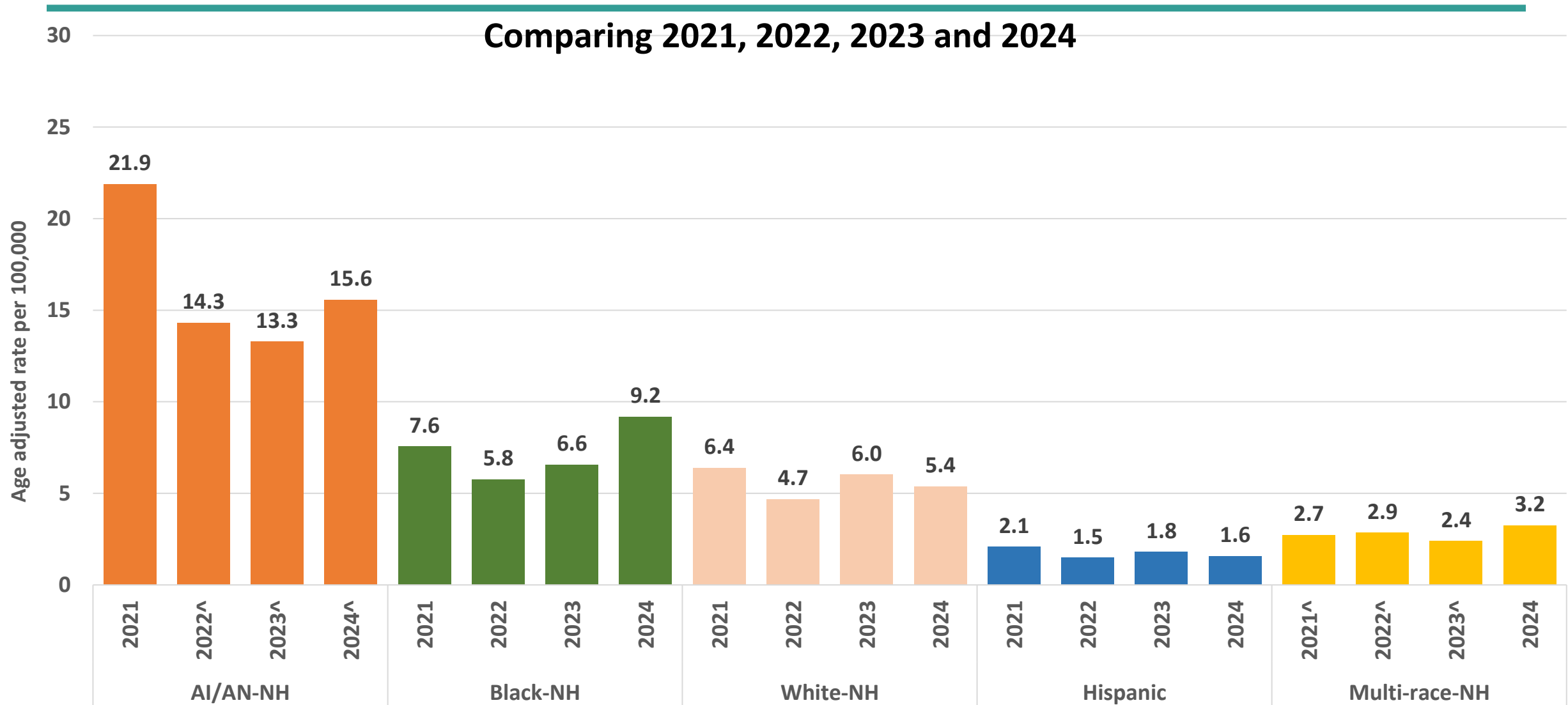
Rx opioid related drug overdose death rates by race/ethnicity among Washington residents (2022-2024)



AIAN: American Indian/Alaskan Native NH: Non-Hispanic
NH/PI: Native Hawaiian and Pacific Islander

Source: WA DOH death certificates
^ Rates based on counts 10 to 16-rates are unstable

Rx opioid related drug overdose death rates by race/ethnicity



AIAN: American Indian/Alaskan Native

NH: Non-Hispanic Asian and NHPI are not shown. [Washington State Department of Health](#)

Source: WA DOH death certificates

^ Counts 10 to 16-rates unstable.



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